



# Celebrating 95+Years of Service to Hawaii! Hurricane Preparedness

Learn adult and child CPR



Babysitting teaches teens skills



Wilderness training



Keiki learned to swim



Adults also learned to swim

To our wonderful Volunteers and Supporters,

Summer 2013

Now that summer is here, children are out of school and family activities increase. We want to ensure that everyone is prepared for emergencies before they occur. Have you been trained in first aid? CPR? Would you know what to do if someone was injured and bleeding? Or if a loved one started to choke? Take a Red Cross course and learn emergency action steps and first aid procedures for injuries and sudden illnesses. *One week after 17-year-old Reid completed his Red Cross CPR training, he needed to use it. Reid saved the life of a man after he collapsed at the recreation center where Reid worked. He rushed to the man and looked down at his hands and realized "I'm doing CPR." The person he saved said "I wouldn't be here if it wasn't for this guy." Being prepared can make a difference in someone's life.* 

Is your preteen planning to babysit this summer? Have them take our babysitting course first. Students, 11-15 years old, learn accident prevention, diapering, feeding, and emergency first aid as well as how to choose age appropriate games and toys and recognize and care for victims of illness and sudden injuries and life-threatening respiratory or cardiac emergencies in children and infants.

If you're planning a camping vacation, take our Wilderness and Remote First Aid training. This training course provides individuals with information and skills to be able to respond to emergencies and give care in wilderness and remote areas that do not have immediate emergency medical services response.

To register for Red Cross trainings, go to www.redcross.org/take-a-class or call 1-800-733 -2767. Invest in being prepared for emergencies and the safety of your family. In addition, download the FREE Red Cross first aid app for iPhones and Android devices. It gives you instant access to the information you need to know to handle the most common first aid emergencies. Go to www.redcross.org/prepare/mobile-apps

#### Free Summer Swim Program

Fifty Hawaii residents drown every year and another 150 nearly drown. Drowning is the second leading cause of fatal unintentional injuries among 0-17 year olds. The best way to prevent these deaths is to teach kids how to swim. It is a skill that must be taught because aquatic skills are not genetically inherited, but once learned, this lifetime skill will save lives.

For nearly 50 years, we have offered free summer swimming lessons to adults and keiki at Ala Moana Beach as part of our mission of saving lives. This program is coordinated and taught by Red Cross volunteers. Summer Buddy teen volunteers help volunteer instructors teach keiki how to swim. This summer's swim program ran from June through July, and participants enjoyed this opportunity. Keiki will complete their session on July 27.

We encourage people to keep donating, volunteering, and sign up for lifesaving classes. Go to www.redcross.org/hawaii. Mahalo for your support!

Coralie Matayoshi Chief Executive Officer.

### **Pacific Islands Region**

As of July 1st, the Hawaii State Chapter will be a part of the new Red Cross Pacific Islands Region, which will include Red Cross chapters in Guam and Northern Mariana Islands. Each of us will continue to serve in our local communities and remain the Red Cross presence in our respective geographic areas. This consolidation of resources will help Red Cross to provide increased services to island communities throughout the region. There will also be a greater pool of peers with whom experiences and knowledge can be shared. We are all happy to be a part of this Pacific Islands ohana.



HELPING ONE MILE AT A TIME

### Donate Your HawaiianMiles to the Hawaii Red Cross

Log onto www.hawaiianair.com, sign in to your HawaiianMiles portal, and under "Manage My Account," click on "Donate to Charities." Choose the American Red Cross, Hawaii Chapter. Click on the "Donate Now" button to donate your HawaiianMiles to us. Hawaiian Airlines will take the total miles donated to the American Red Cross, Hawaii State Chapter and match the donation total up to 500,000 miles. Mahalo for your support!

HAWAIIANMILÉS

### Mahalo to our Corporate Partners

These companies have committed substantial support towards the everyday work of the Red Cross in Hawaii:



## Fantastic Opportunity to Support the Red Cross

Guaranteed annu

•

•

Guaranteed annual payments for life	Age	Rate	Age	Rate
Rates from 4.7%-9% depending on your age Possible tax deductions	65	4.7%	80	6.8%
A portion of your yearly income is tax-free	70	5.1%	85	7.8%
Possible reduction in capital gains	75	5.8%	90	9.0%

You may qualify for a **Charitable Gift Annuity** through the American Red Cross. It's a simple contract between you and the Red Cross that guarantees that you will receive a set amount of payments for life based on the amount you use to secure the gift annuity. The rate is based on your age. It's easy to set up, you receive life income at a higher return than in the market place, and you get a nice tax deduction. For information and assistance, contact: Renee Kurdzos at 855-291-5222 (toll free) or renee.kurdzos@redcross.org.



Hawaii Red Cross Headquarters 4155 Diamond Head Road, Honolulu, HI 96816 Phone: (808) 734-2101, Fax: (808) 735-8626 www.redcross.org/hawaii



You received this mail because you supported the American Red Cross and/or expressed interest in future communications from us. We appreciate that you have chosen to receive emails from us so we can keep you informed of events as they happen. If you received this email in error or do not wish to receive future emails from the American Red Cross, please email timothy.kim@redcross.org noting your desire to be removed from the mail list. We respect your desire for privacy and will not share your name and address with third parties. 2006 The American National Red Cross, Hawaii State Chapter. All Rights Reserved.

Sample rates for single life: