

A publication of the American Red Cross of Hawaii

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Human Animal Bond Program at Tripler Army Medical Center

The Red Cross works with military and VA health care facilities to provide rehabilitation therapy, morale-building activities, and material assistance—

all vital to the recovery and care of service members and veterans.

At Tripler Army Medical Center in Honolulu, the Red Cross facilitates the Human Animal Bond (HAB) Program, which "I thought that if it could help me, it could probably help others too." —Glenn Suzuki HAB Program volunteer

utilizes the therapeutic healing power of animals to help patients recover from physical, social, and mental hardships. Volunteers regularly bring their trained pets to wards, clinics, and waiting areas for informal visits with patients.

"I had a bad stomach ulcer," said Glenn Suzuki, HAB Program Volunteer. "When I got Daniel (Glenn's dog), I would hold him and noticed that the pain would disappear. That's when I realized that dogs must have a therapeutic value. I thought that if it could help me, it could probably help others, too."

HAB Program brings joy to patients

On a visit at Tripler Army Medical Center, Daniel



The Red Cross Human Animal Bond Program brings joy and comfort to those in need.

used his therapeutic powers again, entertaining a patient who had been consistently sad. None of the staff had ever seen her smile, but once she saw how Daniel wagged his whole body when he was happy, the patient suddenly burst into giggles and couldn't stop. In the following weeks, just the mention of Daniel's name would cause the same giggles and joy. It was a true example of the magic HAB dogs bring to patients, family, and staff throughout the hospital.

For more information, contact the Human Animal Bond Program, (808) 433-6631.

35279-54004

Here is how your support makes a difference all across the country



Provided over **290,000** overnight shelter stays with partners



Served over **8.2 million** meals and snacks with partners



Distributed over **2.2 million** relief items



On a Personal Note

Coralie Chun Matayoshi Regional CEO

March is National Red Cross Month, a time where we get to honor dedicated volunteers and supporters like you. Your generosity and compassion provide relief to the people and communities who need us most. As we've seen with recent events, disaster can strike at any time - and you help ensure that we are ready to provide assistance any time, any place.

Thank you for helping people and families at home and across the country move forward after disaster strikes.

Sincerely,

Coralie Chun Matayoshi CEO American Red Cross Pacific Islands Region

Empowering youth to save lives



Red Cross youth volunteers learn how to save lives through Hands Only CPR.

Last fall, high school Red Cross Club officers, directors, and advisors learned how to save lives through Hands Only CPR. Students from nine Red Cross Clubs received training from Volunteer Master Trainer, Gwen Navarrete Klapperich so they could become trainers in Hands Only CPR and pass this lifesaving skill on to their classmates. Some Red Cross Clubs have also started their own fundraisers to purchase Red Cross compression tools to teach Hands Only CPR to others.

Find a CPR training course at redcross.org/cpr.

