

# CPR/AED



**Note:** Use an AED as soon as one is available.

**Give 30 chest compressions.**  
**Compress at least 2 inches deep**  
**and at a rate of at least 100 per minute.**



**Give 2 rescue breaths.**

**Continue cycles of compressions**  
**and rescue breaths.**



**Turn on the AED and follow its prompts.**

**Wipe bare chest dry and attach pads.**  
**Plug in connector, if necessary.**



**Stand clear. Make sure no one,**  
**including you, is touching the person.**  
**Let the AED analyze heart rhythm.**  
**Deliver shock, if advised.**



**Perform CPR and continue**  
**to follow the prompts of the AED.**



**American  
Red Cross**