The 6 Steps of Handwashing

1. Step #1: Wet your hands with warm water.
2. Step #2: Apply soap.
3. Step #3: Rub your hands together, and even get between those fingers for 20 seconds.
4. Step #4: Don’t forget your fingernails. Use a nailbrush if you have one.
5. Step #5: Rinse the germs away.
6. Step #6: Dry your hands.

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