

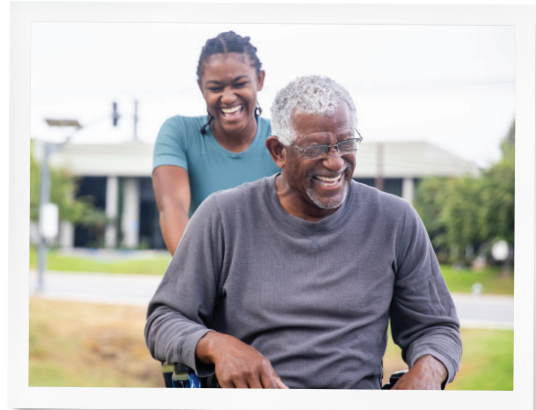


**American
Red Cross**

Military and Veteran
Caregiver Network

Are you a Military or Veteran Caregiver?

- Do you provide care for a service member or veteran who may need assistance due to wounds, illness, injury or age-related condition?
- Do you help a service member or veteran who struggles with stress, emotional issues, anger or depression?
- Do you contribute to the care of a service member or veteran by taking them to medical appointments, managing medication or arranging any form of health care?
- Do you feel responsible to care for a service member or veteran because they are your spouse, son/daughter, friend, sibling or other family member?
- Do you ever feel alone or isolated because no one around you does the same thing or seems to understand?



If you answered **YES** to any of these questions you may be a military or veteran caregiver. Please connect with us to share your story, get support and engage with a community of military and veteran caregivers who understand.

To learn more about the Red Cross Military and Veteran Caregiver Network:

 milvetcaregivernetwork.org

 programs.mvcn@redcross.org

 [@MilVetCaregiver](https://twitter.com/MilVetCaregiver)

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