Home fires claim 7 lives every day in the U.S.

Most of us aren’t doing enough to protect ourselves.

Testing smoke alarms **once a month** helps ensure they’re working to cut the risk of death by half. 65% of us don’t.

Practicing your escape plan **twice a year** increases the odds of survival. 70% of us don’t.

Escaping a burning home in **2 minutes** or less can be the difference between life and death. 55% of us think we have more time.

Cooking is the #1 cause of home fires.

Nearly 70% of us have left the kitchen while cooking.

Keep an eye on what you fry! Never leave cooking food unattended.

Stay safe with 2 simple steps.

Test your smoke alarms monthly.

Practice your escape plan until everyone can get out in less than 2 minutes.

Visit [redcross.org/homefires](http://redcross.org/homefires) to learn more, including how the Red Cross helps families recover and protect themselves from these disasters.

These findings are from a national CARAVAN® Survey conducted by ENGINE INSIGHTS on January 10–12, 2020 on behalf of the American Red Cross. Home fire cause data is from the National Fire Protection Association.