

# Paying It Forward

“Someone saved my baby’s life, and I will never forget that. I can help do that for someone else.”  
—Courtney D.

## Join Us

[redcross.org/centralcoast](http://redcross.org/centralcoast)

It’s easy to get involved. You can make all the difference. Here’s how:

### Ask.

If you need emergency help, or would like to know how to help, please contact your local chapter.

### Volunteer.

Red Cross volunteers turn compassion into action through a diverse array of programs and services — join a Disaster Action Team, help organize an event, or instruct a disaster preparedness course.

### Prepare.

Take an American Red Cross class to learn lifesaving and disaster preparedness skills.

### Partner.

Companies and organizations are an integral part of everything we do to prepare and support our community.

### Give.

With your financial donations, you can transform lives, including your own.

### Donate blood.

You can give every two months or so. The more blood you donate, the more lives you can save.

## Our Offices

### Carmel-by-the-Sea

8th Avenue at Dolores Street  
P.O.Box AR  
Carmel-by-the-Sea, CA  
T (831) 624-6921  
F (831) 624-7014

### Hollister

357 Fifth Street  
Hollister, CA 95023  
T (831) 636-2100  
F (831) 636-2106

### Salinas

942 Lupin Drive  
Salinas, CA 93906  
T (831) 424-4824  
F (831) 424-5069

### Santa Cruz

2960 Soquel Avenue  
Santa Cruz, CA 95062  
T (831) 462-2881

## Join Us - Volunteer!

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## Mission Statement

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.



**American Red Cross**  
Central Coast

H211/31

## Disaster Preparedness and Response

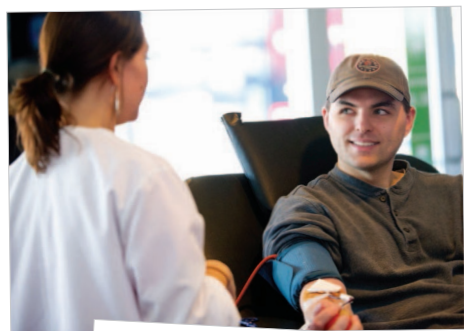
Red Cross volunteers turn compassion into action through a diverse array of programs and services. Whether it's a single house fire or larger national disaster, we respond with food, shelter and care. We prepare for emergencies with training and practical action plans.

### Preparedness:

Teach disaster preparedness courses in the community in organizations, schools, and businesses and help distribute preparedness information at health fairs.

### Readiness and Response:

Respond locally and nationally to disasters and help to build chapter readiness by developing community partnerships, assisting with logistics, and preparing by taking disaster training classes.



## Youth Services

Youth volunteers start and run Red Cross Clubs in the community, learn leadership skills, and conduct lifesaving and preparedness training.

Adult volunteers support our youth by chaperoning service events, providing project and club support, co-teaching or chaperoning preparedness trainings, and supporting other youth activities.



## Health & Safety Programs

"I'm really glad that my Red Cross training helped me help someone in trouble." —Laurine S.

Help save a life and teach others how to do the same! Become a certified instructor to teach CPR/ First Aid, Child Care, Babysitting and several other courses.

## Blood Services

We collect, process, and distribute nearly half of the nation's blood & blood supply products.

Help with donor registration and serving refreshments at the office and at mobile blood drives, in addition to providing office support.

## Services to the Armed Forces (SAF)

"It's been my privilege to stand beside some of our service members and help them communicate and cope during family emergencies." —Sybilla D.

We provide support, comfort, and resources to military members, veterans, and their families.

Red Cross workers relay urgent messages between U.S. service members and their families. Volunteers serve on the SAF Committee and give presentations to military members and families informing them of the different services Red Cross provides.



## International Services

"I'm part of a global family. Wherever I serve, people who see my Red Cross emblem know I'm there to help them, no matter their religion, race or creed." —Basheer R.

As part of the world's largest humanitarian network, we reconnect families separated by armed conflict and disaster, and spread local awareness of international events and issues.

Assist with the Restoring Family Links program, serving on the International Services Committee, and teaching International Humanitarian Law to the community and in schools.

## Administrative Opportunities

- Remote Projects: Work remotely on a variety of web based projects.
- Front Desk/Administrative Support: Serve as the face and voice by managing one of our county front desks or assisting a department.
- Contribute your Talent! Whether it is writing, technology, human resources, event planning, logistics, warehousing, and management or leadership skills.

It's a great way to give back, maintain your skills, and enrich your life and community. Join us – VOLUNTEER!