

The Disaster Game or “Lights Out”!



This game is a simple and fun way to get people engaged, sharing and talking about preparedness planning and 72-hour kits. Consider this an icebreaker and a great way to get the preparedness conversation going. Estimated time: 20-40 minutes.

The game is simple:

1. Give each person an item/resource card (if you have these items on hand—such as an emergency radio—use the real thing instead of its card).
2. Give each person a scenario/need card.
3. Go around the room and have each person read their need.
4. Each person with a resource that could help with the specific need should show their resource and say “I have a _____!”

It may take a little thought or deduction to match the resource with the need!

5. The person who offered a resource goes next, reading their need.

It is very simple, but this activity gets people talking, they have fun and people can speak more about how to use each item and suggest other preparation tips.

“Lights Out” Variation

The “Lights Out” variation of this game is to stage the room, hand out the resource cards, and then turn the lights out in a surprise moment! Hand out the need cards and play. Play the game in low light if possible. Everyone has fun and enjoys the dramatic flair.

#1

Confused

I don't know what's happening.
I can hear sirens, but the whole
neighborhood is dark.

#2

All Wet

The storm came up so suddenly,
we are a ways from shelter and
the rain is pouring.

#3

Hungry

The tornado demolished my home
and the grocery store is empty!
I'm so hungry!

#4

Thirsty

The water has been off for over a day!
Where am I going
to find water?

#5

Wounded

The high winds split my tree.
It crashed through part of the house
and I have cut my head and arm.

#6

Gotta Go

I'm a bit embarrassed but I can't
wait any longer and there isn't a
bathroom anywhere. Can you help?

#7

In the Dark

I can't find anything around here,
it is so dark. Does anyone
have a flashlight?

#8

Cold

I'm going to have to find some way
to keep warm tonight or I'm not
going to make it.

#9

Dusty

The dust and smoke is so bad
I can't breathe.

#10

Back in the Dark

That flashlight was great, but it only
lasted one night. What are we going
to do to see in here tonight?

#11

Noise

I keep seeing people going by up
on the ridge but they can't hear us.

#12

Ouch

I'm tearing my hands up
moving all this stuff.



**Emergency
Radio**



**Rain
Poncho**



**Emergency
Food Ration**



Gloves



Dust Mask



**Batteries
or Glow Sticks**



Whistle



First Aid Kit



Toiletries



Flashlight



**Emergency
Blanket**



Water