International humanitarian law (IHL) and human rights law are complementary. They both seek to protect human dignity, though they do so in different circumstances and in different ways.

Human rights law applies at all times and in all circumstances, and it concerns all persons subject to the jurisdiction of a State. Its purpose is to protect individuals from arbitrary behavior by the State. Human rights law, therefore, continues to apply in times of armed conflict. However, human rights treaties, such as the International Covenant on Civil and Political Rights, the European Convention and the American Convention on Human Rights authorize derogations under stringent conditions from some rights in time of "public emergency which threatens the life of the nation," of which armed conflict is certainly an example.

In other words, a number of rights (freedom of movement, liberty and security, freedom of association, etc.) may be limited or suspended during the public emergency, but only to the "extent strictly required by the exigencies of the situation" (both territorially and temporarily). There remains, however, a "core" of rights that may never be suspended at any time or in any circumstances.

In times of armed conflict, a special system of law, IHL, comes into effect. It is a set of rules especially adapted to armed conflict that serves to protect the victims of war (civilians, wounded and sick, prisoners, displaced, etc.) and to regulate the conduct of hostilities.

As it applies only in exceptional circumstances, no derogations are allowed. Many provisions are made for international armed conflicts, but far fewer apply to non-international armed conflicts. The principal purpose of IHL is to protect the life, health and human dignity of civilians and combatants no longer involved in hostilities (captured, wounded or sick combatants), and to limit the rights of parties in conflict to use methods of warfare of their choice. The aim is to limit the suffering and damage caused by armed conflict.

In doing so, IHL may be said to protect the "core" of human rights in times of armed conflict. These core protections include the prohibition of slavery, the prohibition of torture and inhumane treatment and the prohibition of any retroactive application of the law.

Unlike other rights (such as freedom of speech, of movement and of association) that may be abrogated in times of national emergencies, the core protections afforded by IHL can never be suspended.

If all these core protections are brought together, it can be seen that both IHL and human rights law set forth essential basic rights.

Common to IHL and Human Rights Law

- No discrimination based on race, color, sex or religion
- Right to life
- No torture
- No cruel treatment
- No humiliating or degrading treatment
- No slavery
- No retroactive application of the law

The Red Cross and International Humanitarian Law

The Red Cross and the Geneva Conventions were born when Henry Dunant witnessed the devastating consequences of war at a battlefield in Italy. In the aftermath of that battle, Dunant argued successfully for the creation of a civilian relief corps to respond to human suffering during conflict, and for rules to set limits on how war is waged.

Inspired in part by her work in the Civil War, Clara Barton would later found the American Red Cross and also advocate for the U.S. ratification of the first Geneva Convention.

To Learn More

To learn more about international humanitarian law, and find opportunities to promote these rules through the free curriculum Exploring Humanitarian Law, visit www.redcross.org/ihl. Ask your local Red Cross chapter for more information about IHL classes.
Human Rights Law
The first traces of human rights law can be found in the eighteenth century. Indeed, the French Declaration of the Rights of Man and of the Citizen of 1789 and the American Bill of Rights adopted in 1791 together mark the beginning of human rights law. Subsequently, it was under the influence of the United Nations (U.N.) and the Universal Declaration of Human Rights of 1948 that the development of human rights began in earnest. Two important covenants were signed in 1966: the International Covenant on Civil and Political Rights (first generation of human rights) and the International Covenant on Economic, Social and Cultural Rights (second generation of human rights).

The first covenant remains the standard. It has served as a model for many other treaties as well as national charters of rights and freedoms. The second one, on the other hand, saw its impact limited by the potential for economic development in each country and by regional characteristics.

The third generation of human rights involves emerging universal rights such as the right to development, peace, a healthy environment, etc. However, those rights have yet to be clearly defined or enforced.


Most of these instruments provide for mechanisms of implementation, either in the form of effective judicial bodies (European Court of Human Rights, Inter-American Court of Human Rights), or in the form of quasi-judicial bodies (United Nations Human Rights Committee, African Commission on Human and Peoples’ Rights) or as reporting organs (U.N. Commission on Human Rights).

Principal Instruments of Human Rights
1926 Slavery Convention Concerning Forced or Compulsory Labor (ILO)
1948 Universal Declaration of Human Rights
1948 Convention on the Prevention and Punishment of the Crime of Genocide
1950 European Convention for the Protection of Human Rights and Fundamental Freedoms
1965 International Convention on the Elimination of All Forms of Racial Discrimination
1966 International Covenant on Civil and Political Rights (U.N.)
1966 International Covenant on Economic, Social and Cultural Rights (U.N.)
1969 American Convention on Human Rights
1979 Convention on Elimination of All Forms of Discrimination Against Women
1981 African Charter on Human and Peoples’ Rights
1984 Convention Against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment
1989 Convention on the Rights of the Child

International Humanitarian Law (IHL)

Law of War or Law of Armed Conflict

IHL is a body of international rules and principles, established by treaty or custom, that places restrictions on the use of violence in armed conflict in order to:

- Regulate the conduct of hostilities, in particular to set limits on methods and means of warfare, and
- Protect persons not (or no longer) taking part in hostilities (i.e., civilians), balancing realistically and pragmatically between military necessity on the one hand and principles of humanity on the other.
Principal Instruments of IHL

1868 Declaration of St. Petersburg
1899 and 1907 The Hague Conventions
1949 The Geneva Conventions
1954 Convention for the Protection of Cultural Property
1977 Additional Protocols I & II to the Geneva Conventions
1980 Convention on Certain Conventional Weapons
1993 Convention on Chemical Weapons
1995 Protocol on Blinding Laser Weapons
1997 Convention on Anti-personnel Mines
1998 Statute of the International Criminal Court

2000 Optional Protocol to the Convention on the Rights of the Child on the involvement of children in armed conflict

2005 Additional Protocol III to the Geneva Conventions

2008 Convention on Cluster Munitions