

* * REAL HEROES BREAKFAST 2019 * *

Ordinary People. Extraordinary Courage.

Nomination Form

American Red Cross

San Diego/Imperial Counties

Real Heroes Nomination Form



As the community leader in emergency preparedness, prevention and response, the American Red Cross honors individuals whose extraordinary acts of courage and kindness make them real heroes.

Real Heroes are selected based on the degree to which their acts of heroism uphold the values of the Red Cross and leave a lasting and positive impact on the residents of San Diego and Imperial Counties.

Each year, local heroes are honored in the following nine categories:

Animal Welfare: An animal that has protected a human or another animal in a time of need, or a person who has rescued an animal from a traumatic situation.

Community Partner: A local organization that has administered exceptional safety and preparedness measures to protect staff and prepare for emergencies.

Fire and Rescue: A professional rescuer (firefighter, EMS personnel, etc.) whose lifesaving action went beyond the scope of his or her job to help another in critical need.

Gift of Life: An individual or group that supports the lifesaving mission of the American Red Cross through blood or platelet donations or an individual or group that inspires others to donate blood or platelets.

Good Samaritan: An adult (18+) who used lifesaving skills to save or attempt to save the lives of others or has helped to improve the welfare of their community.

Humanitarian: A person or an organization committed to ongoing humanitarian aid efforts locally, nationally and internationally.

Law Enforcement: A professional law enforcement officer whose lifesaving action went beyond the scope of his or her job to help another in critical need.

Military: A member of the armed forces (active, reserve, retired, commissioned or noncommissioned) whose lifesaving action during active-duty status went beyond the scope of his/her job to help another in critical need or improve the welfare of the military community.

Youth Good Samaritan: A youth (age 17 and under) who has gone to the aid of those in need and/or has helped to improve the welfare of their community.



After the submission deadline, local community leaders and event sponsors will serve on the Real Heroes judging panel to select the award winners for each category.



Real Heroes award requirements:

- Imperial County, or the acts of courage or humanitarian service must have occurred in one of the listed counties.
- 2. The act of courage or humanitarian service can be ongoing OR have occurred any time after January 1, 2018.
- 1. Nominees must reside, work or be active in San Diego or 3. Award winners must be willing to attend the Real Heroes Breakfast on Friday, October 11, 2019, aboard the USS Midway Museum. In addition, winners must be willing to participate in interviews and photographs (exceptions can be made for Military and Law Enforcement Award categories, if necessary).
 - 4. Entries must be postmarked or submitted online by July 31, 2019.

Real Heroes Nomination Form



Nominate Your Hero Today!

Aw	rard categories (select one):				
	Animal Welfare Award		Gift of Life Award		Law Enforcement Award
	Community Partner Award		Good Samaritan Award		Military Award
	Fire and Rescue Award		Humanitarian Award		Youth Good Samaritan Award
Real Hero nominee information:					
Na	me				
Ad	dress				
Cit	у		State		Zip
Ph	one		Email		
County of Residence					
Real Hero nominator information (you!):					
Na	me				
Ad	dress				
Cit	у		State		Zip
Ph	one		Email		
Re	lationship to Nominee				

To Nominate Your Hero

Your nomination should include:

- 1. All of the requested contact information
- 2. Description explaining why your hero deserves to be recognized
- 3. Supporting documents such as news articles and photographs, if available

Submit your nomination form by mail, online or email:

American Red Cross Attn: Real Heroes 3950 Calle Fortunada San Diego, CA 92123

Online: redcross.org/sandiego/realheroes Email: Events.SanDiegoCA@redcross.org

Submission Deadline: July 31, 2019

Real Heroes Nomination Statement



Please describe what makes your nominee a Real Hero.

You can attach additional sheets, news clips or photographs to your nomination package.





