

Activity Sheet 1-1 Water Smart Matching

- 1. This chair needs a... (b) lifeguard.
- 2. A swimmer needs a... (c) water buddy.
- 3. Enter water... (e) feetfirst.
- 4. To help out, give a... (a) shout.
- 5. Wear a life jacket when in a... (d) boat.

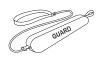
Activity Sheet 1-2 For Water Smart Fun, Rules Rule!

- 1. Lifeguard
- 2. Bu<u>d</u>dy
- 3. Feetfirst
- 4. Walk
- 5. L<u>e</u>ap
- 6. Shout
- 7. Champion

Riddle answer: Whale done!

Activity Sheet 2-2 Ready for Lifeguard Duty!

The lifeguard needs:













Rescue tube

Sunglasses

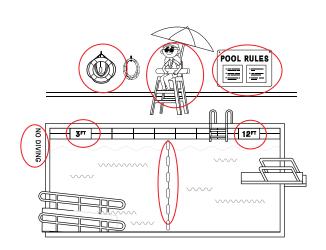
Whistle

Lifeguard chair

Sunscreen

Hip pack

Activity Sheet 3-1 Would You Swim Here?



Activity Sheet 3-2 Would You Swim Here?

- 1. No. If there is no lifeguard on duty at a guarded beach, you should not swim until they arrive.
- 2. Yes. There is a lifeguard on duty, so it's OK to swim.
- No. The sign says the beach is closed today. Sometimes, a place that was OK to swim one day is not OK on another day.
- 4. Yes. When a pool sign says "swim at your own risk," it can be OK to swim as long as you have a capable adult water watcher.

Activity Sheet 4-1 Safer Ways to Stay Afloat

The items that should be circled/colored because they are made to keep you safer in the water are items (2) and (4).

The items that are meant as toys and should be marked with an 'X' are items (1), (3), (5) and (6).

Activity Sheet 4-2 Read the Life Jacket Label

- 1. Yes. The label states that it is USCG Approved.
- 2. No. This life jacket is meant for an adult who weighs more than 88 lbs (pounds).
- 3. Yes. This life jacket is meant for an adult who weighs more than 88 lbs.
- 4. No. The life jacket is not intended for use while jet skiing.
- 5. No. Care and Storage instructions say to "dry thoroughly after each outing and store in a cool, dry place."

Activity Sheet 5-1 Find the Water Danger!

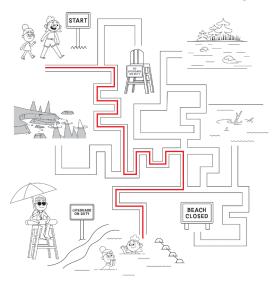
The items that should be circled/colored because they show something that could be a water danger are items (1) bath tub, (2) fish pond, (5) pool and (6) bucket.

Activity Sheet 5-2 Map It Out!

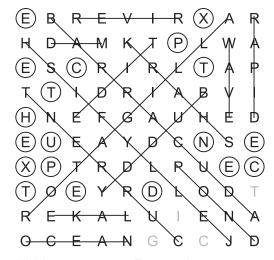
Plans to be water smart will vary, but should include things like:

- Do not go in water not meant for swimming.
- If water is meant for swimming, only go in if a lifeguard or adult water watcher is there.
- Always ask permission before going into any water, even if it is just to retrieve an object.
- Don't play too close to water to avoid falling in.

Activity Sheet 6-1 Follow the Path to Safe Swimming



Activity Sheet 6-2 An Ocean (and River) of Fun!



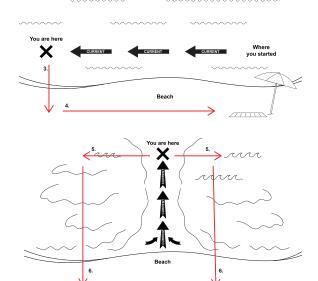
Hidden message: Expect the unexpected!

Activity Sheet 7-1 Think Fast!

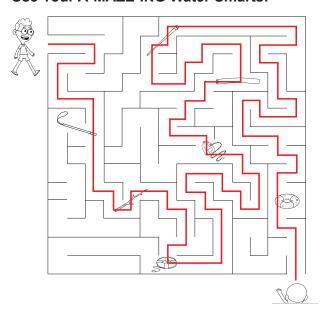
- 1. To warm up, (b) wrap yourself in a towel.
- 2. To help a leg cramp, (c) float on your back.
- 3. If your boat tips, (a) hold onto the boat and stay with it.

Activity Sheet 7-2 Plot Your Escape—Ocean Currents

- 1. If you are ever caught in a current you should stay <u>calm</u>.
- 2. If you are tired or cannot escape the current call for help and/or float if you can.
- 3. Arrow should point straight back toward the beach.
- 4. Arrow should point along the beach toward where you started.
- 5. Arrow should point to the left or right to show to escape the current.
- 6. Arrow should point back toward the beach in area of breaking waves.



Activity Sheet 8-1 Use Your A-MAZE-ING Water Smarts!



Activity Sheet 8-2 Use This to Reach or Throw

Across

3 heaving jug

5 branch

6 noodle

7 shepherds crook

Down

1 ring buoy

2 reaching pole

4 ball

Activity Sheet 9-1 Thunderstorm Safety

The places that should have a checkmark and show a good place to take shelter are (3) the home, (5) the business and (6) the car.

The places that are not safe and should be marked with an 'X' are (1) the open structure, (2) the umbrella and (4) the tree.

Activity Sheet 9-2 Reporting Live! Flood Safety

Correct answers in the order questions appear:

- No, it's never safe to swim or wade through floodwaters.
- You should not go into floodwaters.
- Reasons include things like: the water could be moving very fast, there could be objects in the water that may injure you, there could be bugs and animals in the water, there could be harmful germs and other yucky stuff.
- It takes just <u>6 inches</u> of water to knock even an adult off their feet.
- Water just needs to cover a person's mouth and nose to cause them to drown if they fell in and couldn't get up.