

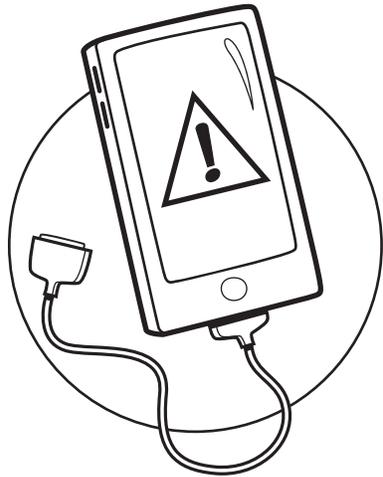
# Prepare with Pedro!

## Tsunamis



# Wave Watch

**Part 1:** Pedro and his friends might hear about a tsunami from a grown-up or on the radio. Circle the pictures below that show two other ways they might find out that a tsunami is coming.



cell phone



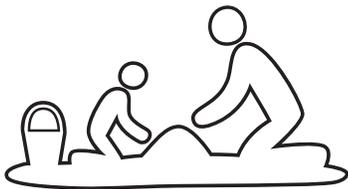
road sign



TV

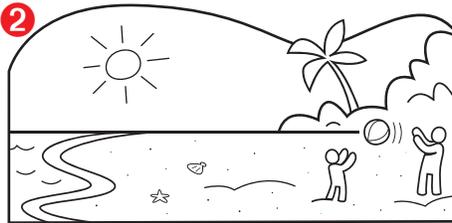
**Part 2:** If a tsunami is coming, you might hear a loud roar. What might you see or feel? Which picture in each pair shows that a tsunami might be coming? Color in the correct answers.

1



calm day

2



water moves far back from the shore

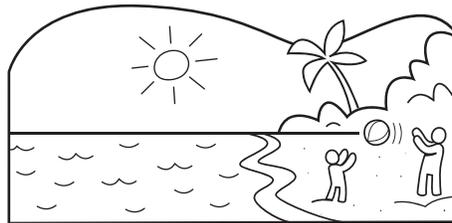
3



big waves



earthquake



water at shore as usual



small waves

**A MESSAGE TO GROWN-UPS:** Your child has been learning key warning signs that a tsunami is coming, including an earthquake, ocean water receding very suddenly, a huge wave forming and a loud roaring sound. If you see any of these warning signs or hear a tsunami watch or warning from the authorities, evacuate to higher ground as quickly as possible. To learn more, visit [redcross.org/tsunami](http://redcross.org/tsunami).



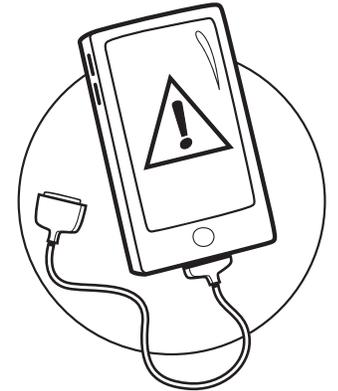
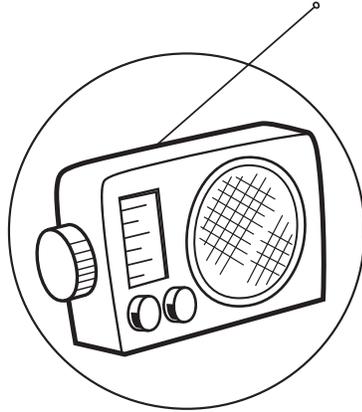
# Prepare with Pedro! Tsunamis



## Wave Watch

**Part 1:** Pedro and his friends might hear about a tsunami from a grown-up. How else might they learn about it? Write the correct word from the Word Bank under each picture.

**WORD BANK**  
**TV**  
**radio**  
**cell phone**



\_\_\_\_\_

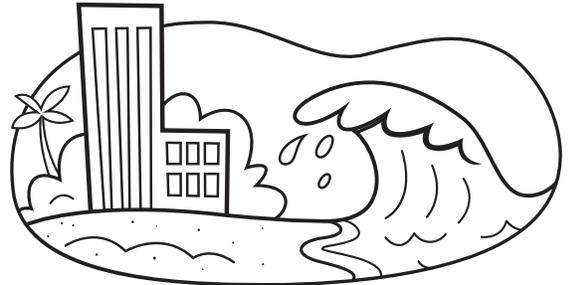
\_\_\_\_\_

\_\_\_\_\_

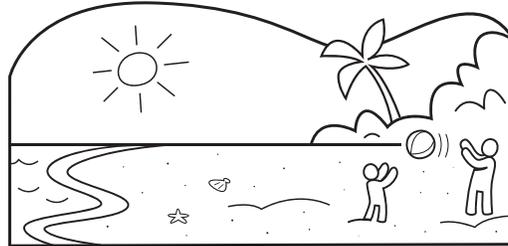
**Part 2:** How can you tell a tsunami might be coming? You might hear a loud roar. What might you see or feel? Use the words in the Word Bank to complete these warning signs. Remember: If you hear, see or feel these signs, tell a grown-up!



**WORD BANK**  
**back**  
**big**  
**earthquake**



an \_\_\_\_\_  
**eathrquaek**



\_\_\_\_\_ and strong waves  
**igb**

water moves far \_\_\_\_\_ from the shore  
**acbk**

**A MESSAGE TO GROWN-UPS:** Your child has been learning key warning signs that a tsunami is coming, including an earthquake, ocean water receding very suddenly, a huge wave forming and a loud roaring sound. If you see any of these warning signs or hear a tsunami watch or warning from the authorities, evacuate to higher ground as quickly as possible. To learn more, visit [redcross.org/tsunami](http://redcross.org/tsunami).



# Prepare with Pedro! Tsunamis

# Get to Higher Ground



**Part 1:** During a tsunami, it is important to go to a high spot away from the ocean. Low ground is not safe. Look at each picture below. Is it high ground or low ground? Check the words that describes the place.



LOW GROUND       HIGH GROUND



LOW GROUND       HIGH GROUND

**Part 2:** Help Pedro know which way to go during a tsunami. Should he go up a hill or run towards the beach? Draw an arrow in the right direction.



**A MESSAGE TO GROWN-UPS:** During a tsunami, go as high and as far away from the ocean as you can – ideally 100 feet above sea level or at least two miles inland. As a household, determine what “two miles inland” means in your area. For example, is it your neighborhood grocery store or a local park? Also research areas near you that are at least 100 feet above sea level and whether your community has designated tsunami evacuation routes. To learn more, visit [redcross.org/tsunami](http://redcross.org/tsunami).



# Prepare with Pedro! Tsunamis

# Get to Higher Ground



**Part 1:** During a tsunami, it is important to go to a high spot away from the ocean. Low ground is not safe. Look at each picture below. Is it high ground or low ground? Check the words that describes the place.

1



LOW GROUND

HIGH GROUND

2



LOW GROUND

HIGH GROUND

3



LOW GROUND

HIGH GROUND

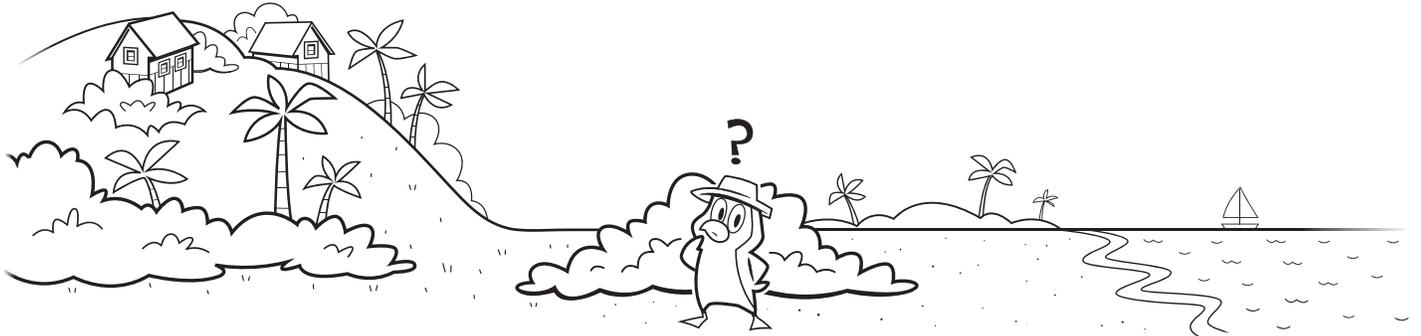
4



LOW GROUND

HIGH GROUND

**Part 2:** Help Pedro know which way to go to stay safe during a tsunami. Unscramble the words to complete the sentence.



Get to higher ground! Go as \_\_\_\_\_ up as you can, as \_\_\_\_\_ as you can.

h g h i

l y q u c k i

**A MESSAGE TO GROWN-UPS:** During a tsunami, go as high and as far away from the ocean as you can – ideally 100 feet above sea level or at least two miles inland. As a household, determine what “two miles inland” means in your area. For example, is it your neighborhood grocery store or a local park? Also research areas near you that are at least 100 feet above sea level and whether your community has designated tsunami evacuation routes. To learn more, visit [redcross.org/tsunami](http://redcross.org/tsunami).



# Prepare with Pedro! Tsunamis



## A Message to Grown-ups

Your child has been learning about tsunamis, including how to be prepared and take action to stay safe if one happens in your area. Ask children to share what they have learned. You may prompt them with the following questions (answers are in parentheses):

- What is a **tsunami**? (a series of huge waves that can cause ocean water to come onto land)
- What are some warning signs of a tsunami? (an earthquake, the ocean water going very far back away from the shoreline, a huge wave forming, a roaring sound)
- What is a **tsunami watch**? (a public safety message that a tsunami may be coming; it's time to prepare) What is a **tsunami warning**? (a public safety message that a tsunami is heading this way; it's time to take action)
- What are some ways we will know if a tsunami might be coming? (the radio, TV, a cell phone alert, a grown-up/safety official)
- What does **evacuate** mean? (leave where you are and get somewhere safer)
- What does it mean to **get to higher ground**? (get away from the ocean and as high as you can as fast as you can to stay safe from the incoming waves)

### Map Your Route

As a household, designate one or two evacuation locations you could get to quickly in the event of a tsunami, or identify if your community has already designated such locations. The American Red Cross recommends going at least two miles inland or 100 feet above sea level.

Together, draw a map of your area. Include your home, your higher ground destination(s) and key roads and landmarks in between. Invite children to label each of these points on the map (or you can do so). Then have children draw arrows pointing from your home to the higher ground locations and trace lines showing how your household would evacuate to those spots. Practice your evacuation plan together and set calendar reminders to continue practicing twice a year so you are prepared!

### Reassure Your Child

Let children know that if you do experience a tsunami, the adults in the household will put the plan into action so they don't feel it is their job. It's also important to address any fears or anxieties your children may experience over a possible tsunami. Talk through their feelings and consider practicing coping skills together such as deep breathing or closing your eyes and imagining being in a favorite, safe place. These resources can be found at [redcross.org/youthresilience](https://www.redcross.org/youthresilience).

### Learn More!

For more information, check out these resources:

- American Red Cross: [redcross.org/tsunami](https://www.redcross.org/tsunami)
- Ready.gov: [ready.gov/tsunamis](https://www.ready.gov/tsunamis)
- Centers for Disease Control and Prevention: [cdc.gov/disasters/tsunamis/index.html](https://www.cdc.gov/disasters/tsunamis/index.html)

