

AUGUST 1-5, 2022

# LEADERSHIP DEVELOPMENT CAMP 2022

DELEGATE PACKET





## About LDC



#### WHAT IS LDC?

The American Red Cross is committed to training and empowering youth in our community. Over five days, high school students build confidence and cultivate core leadership skills such as teamwork, public speaking, emotional awareness, and diversity/cultural understanding. As American Red Cross youth and young adult volunteers, staff members create sessions and activities that reinforce delegates' individual and team leadership skills. Over 100 youth leave camp each year as stronger individuals. They form friendships that often last a lifetime and become leaders who make a difference in their schools and communities.

#### WHAT MAKES LDC UNIQUE?

LDC is completely planned and staffed by high school and college youth and young adults. What is most unique about LDC is that leadership lessons don't end on the last day of camp – they continue for the youth who come back to staff the camp, and for those around them. Youth learn about professional development, strategic planning, and diversity awareness. LDC is leadership by youth, for youth. We focus on core leadership skills in an active environment. Sessions and activities are about doing, and that's a standard at LDC.

#### WHAT CAN I EXPECT TO GET OUT OF LDC?

Expect to expand your world by sharing your experiences with youth from all over the Los Angeles Region. Be prepared to open your mind and learn something new about yourself and about what's going on in the world. Discover what you can do to make a positive impact in your life and in your community.

## Introduction



#### WELCOME!

Thank you for your interest in participating in the American Red Cross Leadership Development Camp. A successful camp begins with a willing delegate who is committed to learning leadership skills, team building, and professional skills.

LDC is hosted by the American Red Cross Los Angeles Region for high school students entering 9th grade through exiting 12th grade.

#### CAMP SITE INFORMATION

Pilgrim Pines Camp & Conference Center 39570 Glen Road

Yucaipa, CA 92399

#### **Emergency Calls ONLY:**

(909) 797-1821

(909) 790-1567

#### DELEGATE FEE

#### \$400.00 due by July 13th, 2022

Fees include accommodation and 3 meals per day for 5 days & 4 nights (lunch & dinner provided on Monday and breakfast only on Friday).

Limited delegate scholarships are available for current Red Cross youth volunteers in need of financial assistance. Please indicate whether you would like to apply for a delegate scholarship on the Delegate Application.

#### REFUNDS

Once a check or credit card is processed, we **will not** be able to provide a refund and your payment will be considered a charitable donation to the American Red Cross.





All LDC delegates must be registered Red Cross volunteers through Volunteer Connection. Applications must be submitted online by July 8th, 2022.

\*No exceptions!

#### Note:

Space as a delegate is NOT guaranteed, please plan accordingly as COMPLETED applications and payments must be received by July 13th, 2022.

#### LDC APPLICATION PROCESS

**Step 1: Verify/ Create your Volunteer Connection Account** 

If you do not have a Volunteer Connection account, please click here to create one.

Applicants **MUST** upload their vaccination status and proof of vaccination to their Volunteer Connection account.

\*Please follow ALL instructions to register as a new volunteer through volunteer connection.

If experiencing trouble with Volunteer Connection, please contact uniss.tan2@redcross.org

#### **Step 2:** Complete Online LDC Delegate Application

All applicants **MUST** carefully read through the LDC Delegate Packet and apply through our online application: <u>LDC 2022 Delegate Application</u> \*Applications are due 11:59PM on July 8th, 2022.

#### **Step 3:** Submit Signed Waiver & Health History Forms

Once you've submitted your delegate application, please be sure to complete the required <u>LDC 2022 Consent & Liability Waivers</u>.

#### **Step 4: Submit Payment by July 13th**

After you've turned in both your delegate application and required forms, **Anna Giang**, Volunteer and Youth Senior Specialist, will reach out to assist with the payment process.

If paying with **Credit Card**, Anna will call the payment contact you've listed on your application. Please have your payment contact save her phone number, **(626) 701-4297**.

If paying by Mailed Check, please make the check payable to:

"American Red Cross Los Angeles".

Memo section: "Delegate's Name – LDC".

Send checks to:

American Red Cross Los Angeles Attn: Anna Giang (for LDC) 1450 S. Central Avenue Los Angeles, CA 90021

Please email **Anna.giang@redcross.org** if you choose this option, so she will know to lookout for your check after you have sent it. Postmark must be between May 10th and July 13th.

\*Once a check or credit card is processed, we **will not** be able to provide a refund and your payment will be considered a charitable donation to the American Red Cross.

#### **Step 5: Welcome to Camp!**

For questions or concerns, please contact:

Marygrace Gliane & Michelle Huo

LDC Delegate Coordinators

Idclaregion@gmail.com



#### CAMP DEPARTURE DAY

In accordance with social distancing precautions, we highly encourage delegates to prepare private transportation to camp. Bus transportation will be provided to the campsite on **Monday**, **August 1st** from a Red Cross Chapter to be determined. However, **space will be limited**. Please be sure to indicate a preferred method of transportation in the survey that will be emailed to you closer to the start of camp upon submitting your application.

<u>Bus Transportation:</u> Please arrive no later than **6:30AM** and sign in your child, noting the name/phone number of the person who is authorized to pick them up on the returning day. Breakfast is not provided so please eat before boarding.

\*Delegates not taking the bus need to arrive at camp by 9:30am.\*

#### CAMP RETURN DAY

The buses will be returning on **Friday, August 5th** to the Red Cross Chapter to be determined. Our estimated time of arrival is

2:30PM - 3:00PM. Photo IDs will be checked during sign out.

#### WHAT TO EXPECT

As we get closer to camp, we will be emailing delegates and parents/guardians more information about COVID precautions, what to expect, and other pertinent information. If you have any further questions please contact **Marygrace Gliane or Michelle Huo**, LDC Delegate Coordinators, by email at **Idclaregion@gmail.com**, or visit our website.



## COVID-19 Preparedness

\*These guidelines and materials are subject to change as information is received and the situation evolves.

### DO I HAVE TO BE VACCINATED AND UPDATED ON THE BOOSTER SHOT TO ATTEND CAMP?

You must be fully vaccinated **at least two weeks** prior to camp. A booster shot is not required but highly recommended.

### WHAT COVID PRECAUTIONS ARE TO BE TAKEN BEFORE, DURING AND AFTER CAMP?

#### Pre-Camp:

- 1 week prior to camp, you will be instructed to fill out a symptom monitor survey emailed by our Delegate Coordinators.
- 1 day prior to camp, you will be emailed another symptom survey to complete that will include a section requiring you to upload proof of a negative COVID-19 PCR test taken within 72 hours prior to camp.
- Please schedule your testing date accordingly in order to have your results back in time by July 31st, 2022 (the day before camp).
- Please remember to fill out the COVID-19 liability waiver which is a part of the Guardian Consent Form.
- Proof of vaccination must be uploaded to Volunteer Connection.

#### **At Camp:**

- Each morning, cabin leaders will be assigned to do daily temperature checks and verbal symptom monitor surveying.
- It is expected for each camper to social distance at least 6 feet apart from one another while indoors.
- Only N-95 and KN-95 masks will be accepted to wear and must be worn at all times with the exception of eating, drinking, taking showers, and sleeping.
- The camp site will have hand sanitizer stations that will be available to you throughout the week.
- Meals
  - Food service will be socially distanced. Buffets and family style will not be offered. Meals will be pre-plated, tables will be separated to provide distance between guests, and outdoor dining is available.
  - Hand-washing will be enforced before and after meals.
- Pilgrim Pines Isolation Room
  - There will be an isolation room, designated for those that have a fever/show signs and symptoms of COVID, where they will stay until their guardian is able to pick them up from the campsite.

#### **Post-Camp:**

 We highly encourage every camper to take a COVID-19 test 3-4 days upon the return of camp. If you test positive or are experiencing COVID symptoms 3-4 days after camp, please contact us at <a href="mailto:ldclaregion@gmail.com">ldclaregion@gmail.com</a> as soon as possible so that we can alert the rest of the campers and take proper precautions.

#### PILGRIM PINES COVID-19 PREPAREDNESS:

For more information from the campsite, please visit:

https://www.uccr.org/covid-prepare

# Packing List

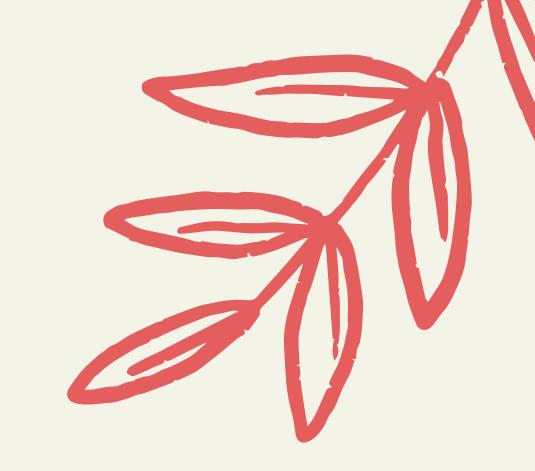
- - Casual Summer Clothes (High: 97°F, Low: 66°F)
    - 4 Sets of Clothing (Socks & Underwear too!)
    - Evening Jacket
    - Pajamas
  - Towel and Personal Toiletries
  - Closed Toed Shoes
  - Pair of slippers/sandals (recommended for showers)
  - Flashlight and Extra Batteries
  - Sleeping Bag or Bed Cover w/ Blanket
  - Pillow
  - Sunscreen
  - Extra N-95 or KN-95 masks (at least one extra per day)
  - Medication properly labeled with instructions on dosage (make sure they are checked in with Camp Director & Nurse)
  - Insect Repellent
  - Semi-Formal/Formal Outfit
  - OPTIONAL: Personal Item for Talent Show (Musical Instruments, etc.)

#### **Prohibited Items:**

- Knives/Pocket knives\*
- Firearms\*
- Matches/Lighters\*
- Any substances (ie: alcohol, tobacco, vapes, etc)\*
- Food/Snacks: There will be 3 meals served per day. If you have any concerns about dietary restrictions, feel free to contact ldclaregion@gmail.com

\*If any of the prohibited items are found, we will confiscate them and immediately call the guardian to remove the child from camp (a refund will not be issued).

**NOTE:** We highly recommend that you do not bring your cell-phone and other electronics (cameras, laptops, etc.) to camp, as they are not allowed during activities and sessions. The reception at camp is very weak and cell signal is limited. Previous delegates have also lost or misplaced their cell-phones. If you need to contact your family while at camp, a staff member will assist you through our landline phone. We will have staff photographers throughout the week.



# Hope to See You Goons

### FOR FURTHER INQUIRIES, PLEASE CONTACT:

Marygrace Gliane & Michelle Huo

Delegate Coordinators

Leadership Development Camp (LDC) 2022

ldclaregion@gmail.com



