



**American Red Cross**  
California Northwest

# California Northwest Heroes 2019

## Nominate your Hero Today!

**Nominations are due Friday, February 15, 2019**

### Who is your hero?

Each year, the American Red Cross of the California Northwest honors local heroes. These individuals have saved lives, made significant positive differences in their communities, and exemplify the Red Cross mission in some way.

We need your help to identify and recognize local heroes for their selflessness and courage. These heroes could be your neighbors, co-workers, friends or family.

### Heroes Categories

Heroes come in many shapes and sizes. In the past, we have honored individuals, teams, companies, adults, children and even animals! We actively seek nominees who align with one or more of the following categories:

- **Animal Hero:** This award honors an animal that has protected a human in a time of need or a human who has rescued an animal from a traumatic situation.
- **Disaster Services Hero:** This award is given to an individual who has shown extraordinary courage in the face of a disaster or emergency, or made a significant contribution to their community's disaster preparedness, resilience, or recovery.
- **Environment Hero:** This award is given to an individual who has had a significant impact on the protection and caring for the environment and is vital in changing the way their community interacts with the environment.
- **First Responder Hero:** This award is given to a professional first responder, such as a police officer, deputy sheriff, firefighter, search & rescue team member, or 911 dispatcher, whose life-saving action or service to the community goes above and beyond the call of duty.
- **Healthcare Hero:** This award is given to a healthcare professional, such as a physician, paramedic, or nurse whose life-saving actions or service to the community went above and beyond the call of duty. This award honors an extraordinary commitment to saving/improving lives or treating illnesses.
- **Humanitarian Hero - Adult:** This award is given to an ordinary citizen (adult) who used life-saving skills (such as CPR, water rescue, or first aid) to assist or save the life of another or to a person whose actions have made a significant contribution toward the betterment of his or her community.
- **Humanitarian Hero - Youth:** This award is given to an ordinary citizen (youth) who used life-saving skills (such as CPR, water rescue or first aid) to assist or save the life of another or to a person whose actions have made a significant contribution toward the betterment of his or her community.
- **Service to the Armed Forces Hero:** This award is given to someone who has provided exceptional support to service members, veterans, or their families. This award may also be given to a member of our armed forces (active, reserve, National Guard, retired, commissioned or non-commissioned) whose life-saving actions or service to the community went above and beyond the call of duty.

\*Note: Awards in all categories may be awarded posthumously.

### Nomination Guidelines

The Heroes award recipients will be selected by a committee of local community leaders based on the degree to which their actions uphold the values of the Red Cross and leave a lasting and positive impact on the residents of California Northwest. Award decisions are based on the information provided by the nominator, so supporting material should be as detailed and thorough as possible.

- All nominees must work or reside in Del Norte, Humboldt, Lake, Mendocino, Napa, or Sonoma counties. The heroic acts may have occurred elsewhere.
- The heroic event must be either an ongoing commitment to the community for more than one year or have taken place between January 1, 2018, and January 15, 2019.
- All nominees must be able to attend the Real Heroes Breakfast on Friday, May 17, 2019, at the Hyatt Regency Sonoma Wine Country in Santa Rosa and be willing to participate in video interviews and photographs for media and promotional reasons unless it is a posthumous award.



## Nomination Form

**Nominee:** Please fill out all information and provide supporting photos and newspaper articles. Incomplete forms will not be considered.

☐ Mrs. ☐ Ms. ☐ Mr. ☐ Dr. Name \_\_\_\_\_  
Occupation \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone (Day) \_\_\_\_\_ Phone (Evening) \_\_\_\_\_  
Email \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Award Category \_\_\_\_\_

**Nominated by:**

☐ Mrs. ☐ Ms. ☐ Mr. ☐ Dr. Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone (Day) \_\_\_\_\_ Phone (Evening) \_\_\_\_\_  
Email \_\_\_\_\_  
Relationship to nominee \_\_\_\_\_  
Does your nominee know that they are being nominated? ☐ Yes ☐ No

Please state why you are nominating the candidate for a Heroes Award, including where/when the heroic event occurred; what actions and/or deeds make your nominee(s) a hero; what impact your nominee(s) made on your life, the life of others and the community; the personal integrity of your nominee; how the nominee lives out the Red Cross mission; and contact information for at least one witness who can verify the heroic act and character of your nominee.

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**Nominations are due Friday, February 15, 2019. Please return this form plus any photos or newspaper articles to:**

**Mail:**

American Red Cross of the California Northwest  
Attn: Heroes Selection Committee  
5297 Aero Drive  
Santa Rosa, CA 95403

**Online, email, or fax:**

Nominate your hero online at [redcross.org/CalNWHeroes](http://redcross.org/CalNWHeroes)  
Email: [HeroesCANW@redcross.org](mailto:HeroesCANW@redcross.org)  
Fax: (707) 577-7621