



**American Red Cross**  
Central New York Chapter

## 2019 Real Heroes Breakfast Hero Award Nomination Form

**Event Overview:** Do you know someone who has done something extraordinary for someone else this year? Do you know someone who has saved a life or responded courageously to a disaster? Now is your chance to honor them. The American Red Cross of Central New York is seeking nominations for the 21st Annual Real Heroes Breakfast.

Every day, ordinary people make extraordinary contributions by putting their needs aside to help others in our community. The American Red Cross is honored to salute these unsung heroes. Your hero might be a lifeguard who saved a drowning child, an ordinary citizen who performed CPR when a stranger collapsed at a shopping mall, or who saved a neighbor's beloved pets from a fire.

### Award Categories

Please select one:

- **Adult Good Samaritan (21 & over):** Presented to an ordinary citizen who used life-saving skills to save the life of another
- **Animal Rescue:** Presented to the family of a pet who was instrumental in saving a life, or an ordinary citizen who was instrumental in saving an animal's life
- **Blood Donor/Services:** Presented to an ordinary citizen who has helped save countless lives with blood donations
- **Education:** Presented to an educator or layperson who used life-saving training to save the life of another in an educational setting
- **Fire Rescue:** Presented to a firefighter, volunteer or paid, whose life-saving actions exemplify the very highest standards of their calling
- **Good Neighbor:** Presented to an ordinary citizen or professional rescuer involved in rescuing a person from a life-threatening situation
- **Law Enforcement:** Presented to a law enforcement officer whose life-saving actions exemplify the very highest standards of their calling
- **Lifeline:** Presented to an individual or a 9-1-1 dispatcher or caller who utilized emergency communications to save the life of another
- **Medical:** Presented to a medical professional, an organization, or an ordinary citizen whose life-saving action exemplifies the very highest standards of their calling
- **Military:** Presented to a member of the armed forces or veteran whose actions exemplify the very highest standards of their calling
- **Workplace Safety:** Presented to a business owner, manager, or employee whose preparedness or life-saving actions exemplify the very highest standards of their calling
- **Youth Good Samaritan (20 & under):** Presented to an ordinary citizen who used life-saving skills to save the life of another
- **Community Service Award:** This can be an organization, an individual(s) based on their community service. This does not have to be a specific act and will likely be number of hours and work benefiting an organization

### Nomination Guidelines

- Nomination deadline is August 30, 2019
- Nominees must live in Cayuga, Cortland, Madison, Onondaga, or Oswego counties
- Nominees must be available for videotaped interviews
- Nominees must be available to attend the Real Heroes Breakfast on Wednesday, December 4, 2019 at the OnCenter in Syracuse
- For questions, please call 315-234-2200

# Nomination Form

**Nominee:** Please fill out all information. Incomplete forms will not be considered.

Mrs.  Ms.  Mr.  Dr.  Other  Name

Occupation

Address

City/State/Zip

Phone (Day)  Phone (Evening)

Email  Date of Birth

Award Category

**Nominated by:**

Mrs.  Ms.  Mr.  Dr.  Other  Name

Address

City/State/Zip

Phone (Day)  Phone (Evening)

Email

Relationship to Nominee

Does your nominee know that they are being nominated?  Yes  No

Please state why you are nominating the candidate for a Real Heroes Award, such as where/when the heroic event occurred; what actions and/or deeds make your nominee(s) a hero; what impact your nominee(s) made on your life, the lives of others, and the community; the personal integrity of your nominee; how the nominee lives out the Red Cross mission.

**Nominations are due August 30, 2019. Please return this form plus any photos or news articles to:**

**Mail:**

American Red Cross | 344 W. Genesee Street | Syracuse NY 13202

**Online or email:**

Nominate your hero online at <http://www.redcross.org/cnyrealheroes>

Or Email to [wcnyspecialevents@redcross.org](mailto:wcnyspecialevents@redcross.org)