



American Red Cross
Central & Northern New York

Real Heroes Award Nomination Form

Do you know someone who has saved a life through extraordinary action or preparedness or who has made a meaningful impact in the community this year?

Now is your chance to honor them.

The **Central and Northern New York Chapter** of the American Red Cross is seeking nominations for this year's annual Real Heroes Celebration event to be held on Thursday, November 20, 2025 from noon to 1:00 PM at the Marriott Syracuse Downtown in Syracuse.

Nomination Guidelines:

- **The nomination deadline is Friday, August 1, 2025.** Please submit the completed Nomination Form and a photo of your nominee(s) (if available) to:

American Red Cross, ATTN Real Heroes, 33 Everett Road Albany, NY 12205

Or scan and email to Development.ENY@redcross.org
An online form is also available at <https://redcross.org/cnnyrealheroes>

- Nominees must live in Onondaga, Oswego, Madison, Oneida, Herkimer, Jefferson, Lewis, or St. Lawrence counties.
- Heroes must be available for videotaped interviews to be scheduled with media sponsors.
- Heroes must be available to attend the Real Heroes Celebration on Thursday, November 20, 2025 from 10:30 – 1:00 PM at the Marriott Syracuse Downtown in Syracuse, NY.
- For questions about your nomination, please email Development.ENY@redcross.org.

Real Heroes Award Categories

Community Impact Hero Award

An individual, group, or organization that has displayed leadership and commitment to community by making a positive, noticeable, and significant impact through their efforts; the nominee has identified a community need and created a program or service or took action to address that need.

Red Cross Mission: Blood Services Hero

An individual, group, or organization involved in activities that create awareness of the importance of blood donation in the community, helps to ensure a sufficient and safe blood supply is available to those in need, and/or acts as an activist for the blood community at large.

Red Cross Mission: Disaster Services Hero

An individual, group, or organization who has exhibited heroic efforts to assist others in need in any or all the areas of disaster services, including preparedness, response, or recovery during a disaster or emergency, or responded to the needs of a community that experienced a disaster or emergency through acts of kindness, courage, or selflessness.

Red Cross Mission: Military Hero

An individual or group of U.S. service member(s) (active, reserve, and guard), veteran(s), military supporter(s), or an organization that serves the military, that has exhibited heroic efforts in response to an emergency or is/was involved in an ongoing commitment to the community through acts of kindness, courage, or selflessness in response to an identified need. Nominees could have been on- or off-duty at the time of the heroic act, which need not be associated with the use of skills directly related to their profession or training.

Red Cross Mission: Emergency Services Hero

A fire fighter, law enforcement professional, paramedic, emergency medical services (EMS) representative, or other medical professional that has exhibited heroic efforts, acting above and beyond the call of duty, to save the life of another or prevent serious injury, or is/was involved in an ongoing commitment to their community through acts of kindness, courage, or selflessness in response to an identified need.

Red Cross Mission: Adult Good Samaritan Hero

An individual or group (age 18+) that has exhibited heroic efforts and that has used life-saving skills (i.e. lifeguard, CPR, or first aid training) to save the life of another or prevent serious injury, or is/was involved in an ongoing commitment to their community through acts of kindness, courage, or selflessness in response to an identified need.

Red Cross Mission: Youth Good Samaritan Hero

An individual or group (under age 18) that has exhibited heroic efforts and that has used life-saving skills (i.e. lifeguard, CPR, or first aid training) to save the life of another or prevent serious injury, or is/was involved in an ongoing commitment to their community through acts of kindness, courage, or selflessness in response to an identified need.

American Red Cross Central & Northern NY Real Heroes Award Nomination Form

Nominator Name: _____

Relationship to Nominee: _____

Address (Street, City, Zip): _____

Preferred Phone: _____ Preferred Email Address: _____

Nominee(s) Name(s)*: _____

Address (Street, City, Zip): _____

Preferred Phone: _____ Preferred Email Address: _____

**If nominating multiple individuals who acted together, please use extra pages to include names of all nominees.*

Which award are you nominating this/these individual(s), group, or organization for?

Why are you nominating this/these nominee(s) for a Real Heroes Award? Please use the space provided below and the final pages of this form as needed to describe the heroic event or actions of your nominee that make them deserve this award.

Where did the heroic event occur OR what community was positively impacted by the nominee(s)?

When did the heroic event take place, or in what timeframe did they take action that positively impacted the community?

What impact did this/these nominee(s) make on the lives of others and/or the community?

Please comment on the personal integrity of this/these nominee(s).

Please comment on how the nominee(s) reflect(s) the spirit of humanitarianism and the mission of the American Red Cross?

Does your nominee know that they are being nominated? ☐ Yes ☐ No

Is the nominee an active or former member of the Armed Forces? ☐ Yes ☐ No

If applicable, do you know the name of the person(s) saved from harm during this heroic act? Please include their name and contact information here, if known:

How did you hear about the Real Heroes Event?

[illegible]