



NOMINATE YOUR 2025 HERO TODAY

The Northwest Region of the American Red Cross would like to invite you to nominate someone you know who has acted with bravery, dedication, and service for the benefit of their community.

Eligibility:

- Nomination deadline is **Friday, January 17, 2025**. Please submit through our event page linked [here](#).
- The heroic act must have taken place during the 2024 calendar year through January 2025.
- Selected Heroes will be honored at our Red Cross Hero Awards dinner on Saturday, May 3, 2025.

2025 HERO CATEGORIES:

Blood Services Hero:

- The nominee can be an individual(s) or organization that is involved in activity that creates awareness of the importance of blood donation in the community, helps to ensure a sufficient and safe blood supply is available to those in need, and/or acts as an activist for the blood community at large.

Community Impact Hero:

- The nominee has displayed leadership and commitment to the community by making a positive, noticeable, and significant impact in our community. The nominee has identified a community need and created a program or service or ensured access to essential services (could include food service, postal service, public transportation, janitorial service, etc.) or otherwise took action to address community needs.

Disaster Services Hero:

- The nominee is an individual who has exhibited heroic efforts in any or all the areas of disaster services, including preparedness, response or recovery during a natural disaster or emergency situation through mission-driven response assistance to people in need. The nominee has exhibited heroism in response to an emergency situation or is involved in an ongoing commitment to a community that experienced a disaster through an act/s of kindness, courage, or unselfishness in response to an identified need.

Education Hero:

- The nominee has displayed leadership and commitment to their community by making a positive and significant impact, and through their efforts has exhibited heroic efforts to increase access to education. This nominee(s) could be, but not limited to, a practicing teacher, school administrator, day care provider or student organization.

**Firefighter Hero:**

- The nominee is a professional, reserve or volunteer firefighter, or medical personnel related to the dispatch operations of a fire department. The nominee could have been on- or off-duty at the time of the incident. The nominee either exhibited heroism in their response to an emergency situation or the nominee is involved in an ongoing commitment to the community through an act/s of kindness, courage, or unselfishness in response to an identified need.

Healthcare Hero:

- The nominee is a licensed and practicing medical professional, medical student or retired medical professional. The nominee could have been on- or off-duty at the time of the incident. The nominee either exhibited heroism in their response to an emergency situation, ongoing medical need, or ongoing commitment to the community through an act/s of kindness, courage, or unselfishness in response to an identified need.

Law Enforcement Hero:

- The nominee is a professional police officer or related law enforcement official. The nominee could have been on- or off-duty at the time of the incident. The nominee either exhibited heroism in their response to an emergency situation or the nominee is involved in an ongoing situation in which a commitment is made to the community through an act/s of kindness, courage, or unselfishness in response to an identified need.

Lifesaving Rescue Hero:

- The nominee has performed an act of heroism involving an unusual, significant, or unexpected incident requiring a courageous or unselfish reaction in a time of need that ultimately was resolved in the saving of another person's life.

Military Hero:

- The nominee is a U.S. service member (active, reserve, and guard), veteran, or military supporter. The eligible nominee(s) could have been on- or off-duty at the time of the heroic event. The nominee either exhibited heroism in their response to an emergency situation or the nominee is involved in an ongoing commitment to the community through an act/s of kindness, courage, or unselfishness in response to an identified need.

Youth Hero:

- The nominee must be 17 years old or under at the time of the incident or act. The eligible nominee(s) has performed an act of heroism involving an unusual, significant, or unexpected incident requiring a courageous or unselfish reaction in a crisis or time of need. The nominee(s) can be involved in an ongoing commitment to the community through an act/s of kindness, courage, or unselfishness in response to an identified need.