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# YOUTHWIRE

— *Impact Starts Here* —



**American  
Red Cross**

Youth & Young Adults

NOVEMBER 2024

## Latest from Youth Leaders

As we move into November, it's important to take a moment to express our gratitude. Hurricanes Helene and Milton recently brought devastation across multiple states, leaving many communities in need of urgent support. In the face of such tragedy, our volunteers have shown remarkable dedication and compassion. We want to extend our heartfelt thanks to all the incredible volunteers who have worked tirelessly to provide relief, comfort, and hope to those affected. Your selflessness and hard work continue to make a huge impact—thank you from the bottom of our hearts.



## National Youth Involvement Month

## Youth Spotlight Rachel Oh



Rachel Oh is a senior in high school as a military dependent in Germany and is currently part of one of the overseas chapters. She is actively participating through her school's Red Cross Club, volunteering at the military hospital, and as a Lead and Coordinator of her International Humanitarian Law Youth Action Campaign (IHL YAC).

Through the campaigns she has led in her region, she has educated military soldiers, civilians, as well as students in Middle and High School on the importance of International Humanitarian Law in times of Armed Conflict. She has executed Campaigns at her High School, local Base Exchange, and the Landstuhl Regional Medical Center, where she



National Youth Involvement Month (NYIM) is an annual celebration by the National Youth Council. It aims to celebrate the accomplishments of our youth and young adult volunteers across the nation.

Our theme for NYIM 2025 is **"Pathway to Impact!"** and here is our schedule of events for the rest of this month! Register on [Volunteer Connection](#).

- Week 3 – Rescue Royale
  - 11/13: Uplifting Minority Voices in Disaster Relief (7:00 p.m. ET)
  - 11/16: Rescue Royale Gaming Livestream (6:00 p.m. ET)
- Week 4 – Missing Maps
  - 11/19: Swipe to Save Lives: MapSwipe with VIDA Latino Resource Group (7:00 p.m. ET)
- Week 5 – Red Cross Wrapped
  - 11/30: Brain Battle: Red Cross Trivia (3:00 p.m. ET)

directly engaged with war veterans, Ukrainian Soldiers, and medical staff to talk about IHL.

Rachel's accomplishments as a Youth Action Campaign Lead have led her to attend the Summit at National Headquarters this past August as a Central Europe IHL YAC Advocate. She was also invited to attend the 34th International Conference with the National Societies in Geneva as a panel speaker to share her experience as an IHL YAC Advocate. Rachel was amazed by the attentiveness of attendees from National Societies across the globe, as well as their genuine interest in youth and IHL, and the YAC program.

Rachel is excited to use this experience to continue moving forward for her Campaigns in the future to show everyone the impact of IHL.

*Do you know a volunteer who has gone above and beyond to make an impact in their community? Nominate them [here](#) so we can recognize their hard work.*

**National Veterans and  
Military Families Month**

## Disaster Relief Fundraising Campaigns



Interested in raising funds for Disaster Relief? Create a fundraising page today! We have curated fundraising resources, tips and ideas at [americanredcross.donordrive.com/fundraising-resources](https://americanredcross.donordrive.com/fundraising-resources).

All day, every day, wherever someone needs us. The Red Cross responds to an emergency every 8 minutes. No one else does this: not the government, not other charities. From small house fires to multi-state natural disasters, the American Red Cross goes wherever we're needed, so people can have clean water, safe shelter and hot meals when they need them most.



In celebration of National Veterans and Military Families Month, the American Red Cross honors the sacrifices of military members, veterans, and their families by offering resources including financial assistance, emergency communication services, resources for reintegration into civilian life, and 24/7 confidential support. Join us in expressing gratitude for their service and turn that appreciation into action by volunteering with the Red Cross to make a meaningful difference in the lives of our military community. Learn more about how you can help at [Services for Military & Veteran Families](#).

## Avoid the Flu: Get Your Vaccine Now



**FLU SAFETY TIPS**

Handle your own belongings.

Wash your hands often with soap and water.

Carry hand sanitizer and anti-bacterial wipes with you.

American Red Cross

The graphic features a red background on the left with white text. On the right, there is a photograph of a white mug, a pair of glasses, and a box of tissues. The American Red Cross logo is in the top right corner of the image area.

While influenza viruses spread year-round, most of the time flu activity peaks between December and February. The CDC recommends getting your flu shot by the end of October, as it takes about two weeks for the vaccine to become fully effective. Flu can cause serious illness, so everyone aged 6 months and older should get a flu vaccine every season with rare exceptions. Stay safe and healthy—get your flu shot today!

**Flu vaccine is available now in many locations such as your doctor's office, pharmacies and health departments. [Find locations available in your area here.](#)**

### HOW TO STOP THE FLU FROM SPREADING

- Cover your nose and mouth with a tissue or sleeve when coughing or sneezing and throw the tissue away after use. If a tissue isn't available, cough or sneeze into your elbow, not your hands.
- Wash hands often, especially after coughing or sneezing. If soap and water are not available, use an alcohol-based hand-sanitizer.
- Avoid touching your eyes, nose and mouth.
- Avoid close contact with people who are sick.

## Save a Life, Give Blood



GIVING BLOOD IS BETTER  
with  
**FRIENDS**  
NOV. 18-DEC. 8

30 x American Red Cross

The poster features two socks with the Friends characters on them. Below the socks, the text reads 'GIVING BLOOD IS BETTER with FRIENDS NOV. 18-DEC. 8'. At the bottom, there is a logo for '30' (celebrating 30 years of Friends) and the American Red Cross logo.

Share your good health & give patients another reason to be thankful by donating blood or platelets with the Red Cross. Your donation may give patients more time & more holidays with loved ones. All blood types are needed to fill hospital shelves. Give: <https://rcblood.org/donate>

- Stay home if you're sick.

flu is available on this website and in the free Red Cross First Aid app.

## What is YouthWire?

Created by your National Youth Council, YouthWire is a monthly e-newsletter containing important Red Cross youth volunteer opportunities, stories and resources for youth, young adults and youth champions! We always want to highlight great stories and hear what awesome things are happening in your region!

### Let us know what's new for you!

Questions about youth volunteering with the American Red Cross? Email [YouthInvolvement@redcross.org](mailto:YouthInvolvement@redcross.org).

## Get Social and Share!

Share YouthWire with your peers and invite them to [subscribe](#).

## Log Your Hours on Volunteer Connection!

*Make it count!*

Remember to log your hours



Help us tell the story of youth & young adults' incredible impact by submitting a [spotlight form](#) today.

Need Volunteer Connection support? Check out these helpful [guides and video tutorials!](#)



If you no longer want to receive YouthWire, please click here to [unsubscribe](#).

