

MARCH CRASH

MIRCM 2025

COURSE CALL



Introduction



Natalie Kim

Crash Course Call Lead

- Originally from Los Angeles, California
- Freshman at the University of Pittsburgh
- Major: Natural Sciences (GAP Medicine)
- Hobbies: Yoga, Photography, Coffee Enthusiast
- Email: natalie.kim@redcross.org

**Icebreaker Question:
What is your hype song?**



What are the Crash Course Calls?

Discussing Red Cross related topics such as lines of service, history, etc. and connecting youth to opportunities related to the discussed topics. Join the CCCs to learn more about the Red Cross and youth opportunities to engage in!



Your Impact

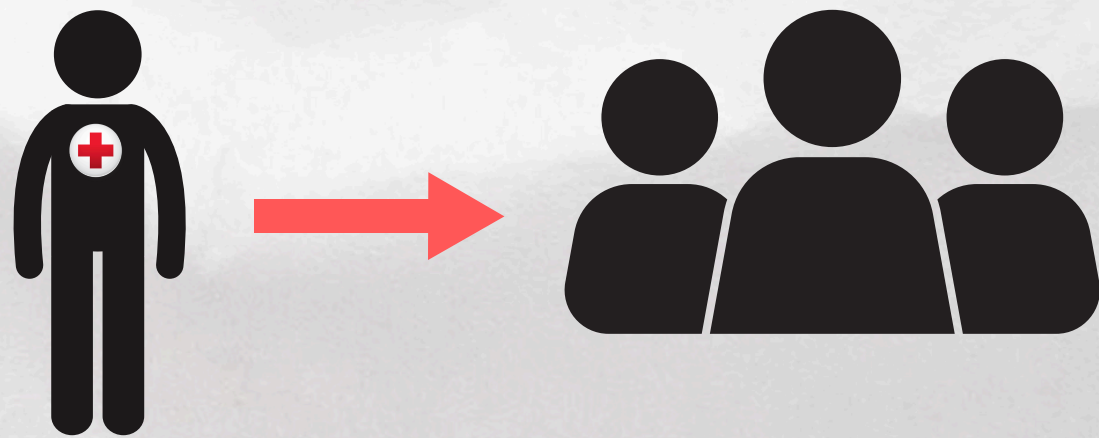
Volunteer



Your Impact

Volunteer

Club

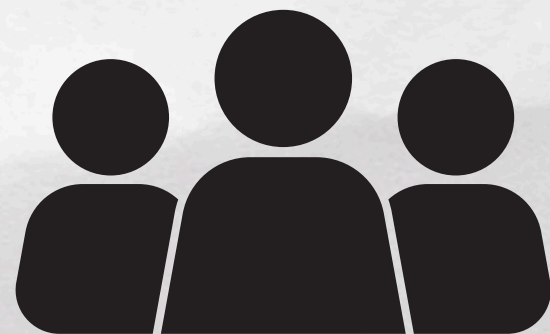
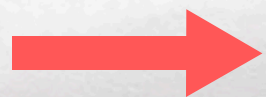


Your Impact

Volunteer

Club

Region



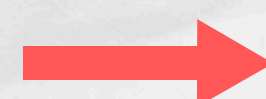
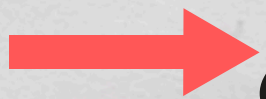
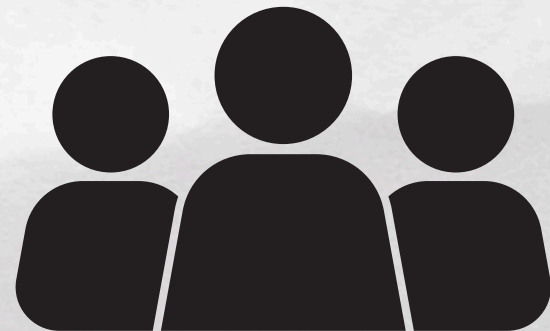
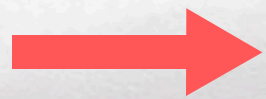
Your Impact

Volunteer

Club

Region

Nation



Your Impact

Volunteer



Club



Region



Nation



World



Your Impact

One Volunteer





YOUTH VOLUNTEER PANEL



Madeleine Jackman

Introduction

- From Newburyport, Massachusetts
- Junior at Newburyport High School
- Planning on pursuing a degree in Biomedical Engineering
- Hobbies: Tennis, spending time with friends
- Email: madeleinejackman1@gmail.com

Past Red Cross Experience

- Founder and President of the Newburyport Red Cross Club for the past 3 years
- American Red Cross certified CPR instructor



Newburyport Heart Starters

High School CPR Community Trainers

- After receiving funding from community businesses, 5 high school juniors were trained as American Red Cross CPR instructors
- We provide free CPR training to all community restaurants and have been working to make CPR training accessible to the entire community.
- We have recently been featured on Inside Edition, and are working to spread this sustainable initiative to other interested high school Red Cross clubs.





Gabriella Martinez

Introduction

- Originally from Miami, Florida
- Junior at SAS West
- Planning on pursuing a degree in Mechanical Engineering
- Hobbies: Reading
- Email:
gabriellamartinezm15@gmail.com

Past Red Cross Experience

- South Florida SAF/IF officer of the Youth E Board for a year



Holiday for Heroes

Collecting Holiday Cards for Veterans

- Over the holidays, the Red Cross does a Holidays for Heroes event to show appreciation for veterans overseas.
- As part of this event, I partnered with my college to collect cards for veterans.
- We managed to collect over 100 cards written by high schoolers and college students.





Nino Pusateri

Introduction

- Originally from Fort Lauderdale, Florida
- Fourth-year at UChicago
- Major: Biological Sciences, Pre-Med
- Minor: History, Philosophy, and Social Studies of Science and Medicine
- Research: PET tracer development for pancreatic cancer.
- Hobbies: violin, F1

Past Red Cross Experience

- President of the Red Cross of UChicago, 2 years
- Board Member for 3 years



International Humanitarian Law (IHL) Lecture

Interactive IHL Lecture

- I wanted to highlight the crucial humanitarian work the Red Cross does around the Globe.
- I reached out to my local Chapter Volunteer Specialist and Youth Engagement Lead who connected me with a lawyer who specializes in IHL with the Red Cross.





Lulu Bang

Introduction

- From Westerville, Ohio
- Sophomore at Westerville Central High School
- Planning on Biomedical Sciences at OSU
- Hobbies: Running, having movie nights
- Email: lulubang24@gmail.com

Past Red Cross Experience

- President and Founder of the Westerville Central Red Cross Club
- Blood Donor Ambassador
- Focus Coordinator for youth engagement



Keep Our Vets Warm Initiative

Community fundraiser for unhoused veterans in the region

- Initiative began this year to raise awareness about the homeless veterans in our area
- The RCC went around to local businesses and neighborhoods to solicit for donations
- We ordered clothing and toiletries items with the collected funds
- Made possible by the Columbus Veterans Administration Medical Center, which is where we donated the bags to





Payman Rajaie

Introduction

- From Chicago, Illinois
- Junior at Lane Tech College Prep
- Planning to major in: Mechanical Engineering or International Law
- Research: Reduction of CO2 In The Production of Steel; Effect Road Salt On Biodiversity
- Hobbies: Running, Nascar, Planes, Outdoors, Archery, Hunting
- Email: Rajaiepayman@gmail.com

Past Red Cross Experience

- Serving as the president of a Red Cross Club in Illinois's largest high school
- 2023 IHL Summit Midwest Division Representative
- 2024 IHL Summit Team Intern
- 2025 Winner of the Global Citizenship Award



IHL YAC Challenge Course

Challenge course designed to resonate IHL Concepts

- Designed a challenging course using everyday items to teach the public about IHL in an entertaining and engaging way
- Staffed by refugee youths who had prior experience being in warzones



Scan here





Karyn Fu

Introduction

- Originally from Los Angeles, California
- Sophomore at Rice University
- *Major:* Biochemistry, Social Policy Analysis
- *Minor:* Medical Humanities
- *Hobbies:* Exploring restaurants & cafes, hiking
- *Email:* karyn.fu2@redcross.org

Past Red Cross Experience

- Youth/Young Adult Ambassador Program Project Mentor
- National Collegiate Assembly Officer
- Mira Costa HS RC Club President & Founder
- LA Youth Executive Board Club Liaison & President
- LA Leadership Development Camp Advisory Board Activities and Finance Officer



Intro to the 5 Lines of Service

Interactive Introduction to Regional Opportunities

- At the beginning of the school year, highlight the diversity of opportunities available
- Work with my region's Youth Engagement Specialist to find opportunities & plan activities





Ava Patel

Introduction

- Senior at Shawnee High School in Lima, Ohio
- Planning to major in Biomedical Engineering
- Enjoys tennis, working out, and crafts
- Email: avapatel07@gmail.com

Past Red Cross Experience

- Founded Shawnee High School's Red Cross Club in 2022 with my sister
- Organized blood drives, fundraisers, and volunteer events to support the Red Cross mission
- Collaborated with local businesses



The Circulatory System

Presentation and hands-on activity

- Worked with a local elementary school to plan an event for American Heart Month
- Made a Canva slideshow
- Assigned slides and speaking roles to club members for the presentation
- Organized a hands-on activity where students built “pumping heart” models using balloons, straws, and mason jars
- Sent clear emails with instructions and schedules to keep everyone on track





Olivia Dogan

Introduction

- From New York City
- Senior at Stuyvesant High School
- Hobbies: Lacrosse, sailing
- Email: olivia.dogan@redcross.org

Past Red Cross Experience

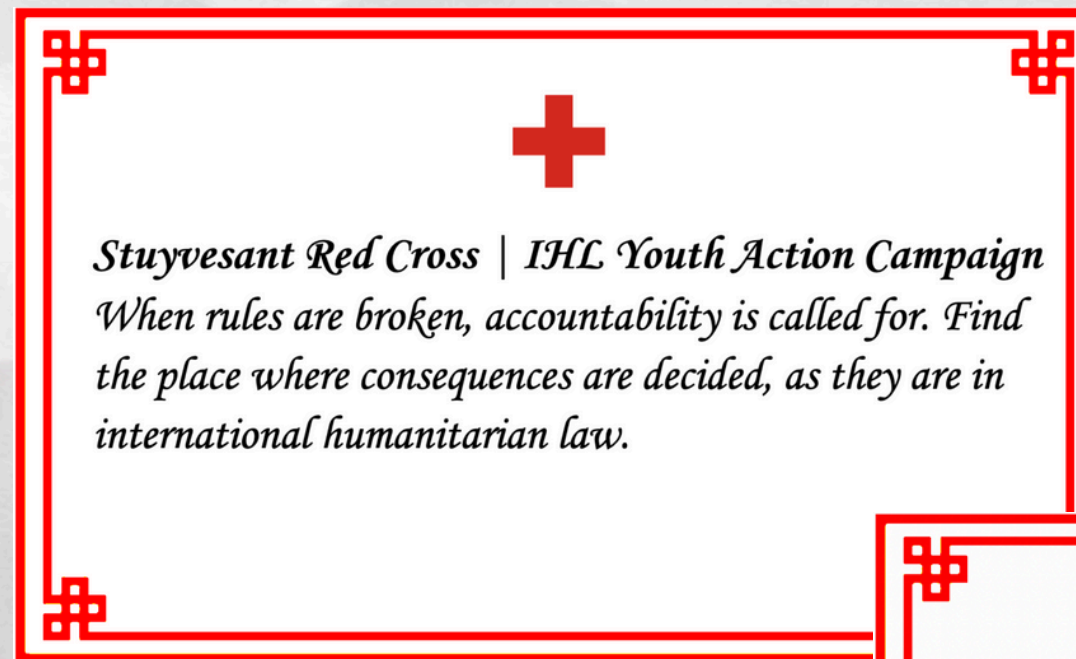
- 2023-2024 New York Field Ambassador
- Red Cross Club president
- 2024 IHL Youth Advocate
- Former VIPC (volunteer intake) volunteer



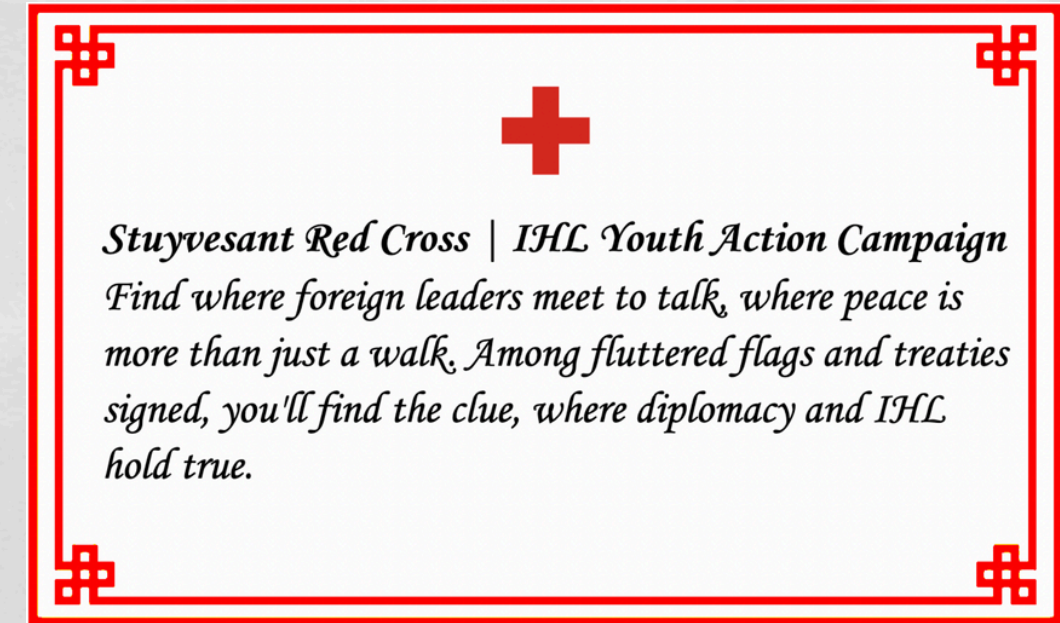
IHL Scavenger Hunt

Teach IHL principles through a scavenger hunt

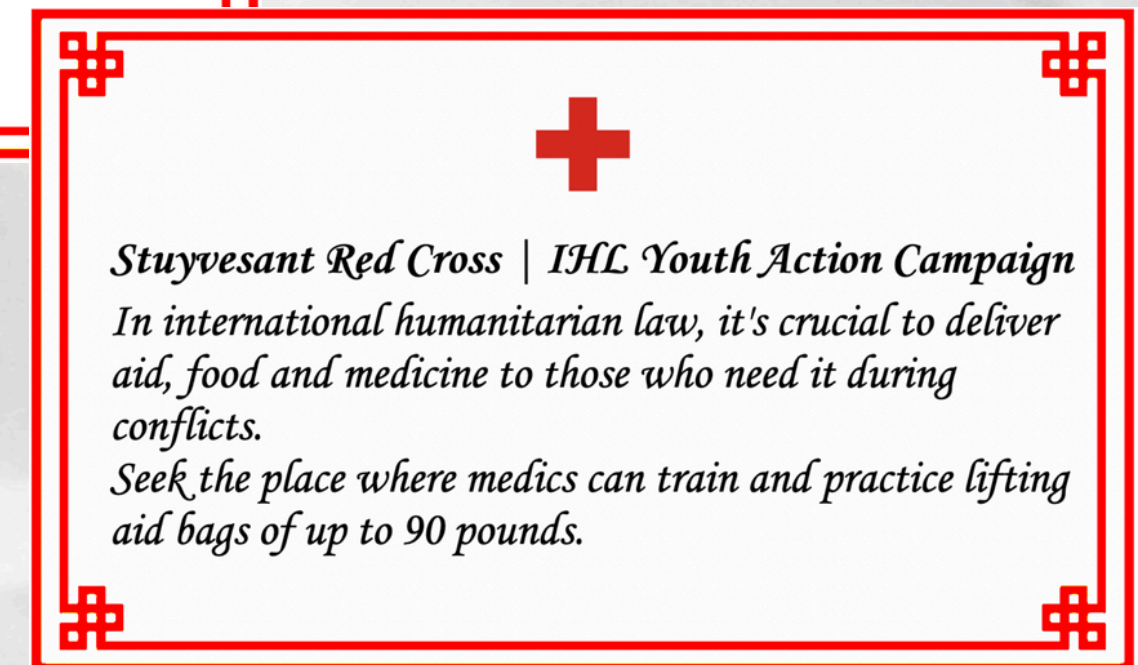
- Came up with clues connecting IHL principles to different parts of my school
- People invited their friends to complete the scavenger hunt with them
- Quizzed students on facts mentioned in the hints with a QR code after the final clue



Dean's office



Language wing



Weight room



Q & A



Opportunities

MISSION
RAISING UP HEROES
A NATIONAL YOUTH COUNCIL SAF FUNDRAISER

The American Red Cross National Youth Council is launching our campaign **Mission: Raising Up Heroes** to raise funds for Service to the Armed Forces (SAF)!

How Can You Get Involved?

- **Donate:** Every dollar counts! Your contribution ensures SAF programs continue to thrive.
- **Spread the Word:** Share our mission with friends and family. The more, the merrier!
- **Stay Tuned:** We're cooking up some fun events and challenges, so keep an eye out!


Let's Do This!
Join us in celebrating our service members and veterans this Red Cross Month. Together, we can make a difference, one act of kindness at a time.

*Ready to be a hero for our heroes?
Donate today & spread the love!*

MIRCM Fundraiser

MISSION
RAISING UP HEROES
A NATIONAL YOUTH COUNCIL SAF FUNDRAISER

<https://americanredcross.donordrive.com/campaign/raisingupheroes>



Share and donate today!

ATTENTION HIGH SCHOOL SENIORS: X

NAVIN NARAYAN
SCHOLARSHIP:
APPLICATIONS NOW OPEN

THE TWO RECIPIENTS OF THE SCHOLARSHIP WILL BE AWARDED \$1000 TOWARDS THEIR COLLEGE EDUCATION

APPLICATIONS ARE DUE BY MONDAY, APRIL 14TH AT 11:59 P.M. EST

Navin Narayan College
Scholarship



Opportunities

#ImpactStartsHere Video Challenge



Voting Now Open!

Join us in showcasing the remarkable difference you're making in your communities. The National Youth Council proudly presents the Spring 2025 'Impact Starts Here' Video Challenge. We encourage you to create and share videos that highlight the positive changes you're leading in your communities. This contest seeks to inspire others and celebrate the efforts of young changemakers.

Submission Deadline: March 21, 2025 | Voting Period: March 24 - March 31, 2025 | Winners Announced: April 4, 2025

[CLICK HERE TO VOTE](#)



National Youth Council Professional Development Series

The National Youth Council is hosting a series of professional development workshops from now until the end of April. Each workshop focuses on a different skill Red Cross Youth can apply to future college, internship or job opportunities. The series aims to help volunteers showcase their Red Cross experience in professional settings. Workshops are open to all!

Sign up now on Volunteer Connection under My Shifts > Global Shifts > Youth and Young Adult Events!

Any questions?

Contact emily.wang2@redcross.org!

PROFESSIONAL DEVELOPMENT SERIES

Your Red Cross experience is impactful—learn how to showcase it!

Mark your calendars for this series presented by members of the National Youth Council

MARKETING YOUR RED CROSS EXPERIENCE 7-8 PM ET	FEB 04
PUBLIC SPEAKING 7-8 PM ET	MAR 08
RESUME BUILDING 7-8 PM ET	APR 10
NETWORKING & MAKING CONNECTIONS 5-6 PM ET	MAR 29
OPPORTUNITY SEEKING BASED ON PASSIONS 6-7 PM ET	APR 22

SIGN UP ON VOLUNTEER CONNECTION

MY SHIFTS > GLOBAL SHIFTS > YOUTH AND YOUNG ADULT EVENTS



**American
Red Cross**

Youth & Young Adults

Impact Starts Here

thank you!

