

# Perform moderate sedation with industry-leading expertise

# Enable professionals with cutting-edge insights to cover the entire scope sedation

As the scope of anesthesia services is swelling beyond the traditional confines of the operating room, the need for patient protection continues to grow. The American Red Cross Sedation education, developed in partnership with the American Society of Anesthesiologists (ASA), is designed to offer comprehensive instruction to effectively administer moderate sedation prior to, during, and after medical procedures. By empowering non-anesthesia healthcare professionals with this specialized training, the Red Cross Sedation education programs aims to enhance the overall quality of patient care.



#### IMPACT

#### **Describe**

 The pharmacokinetic properties of sedatives, analgesics and reversal agents used in procedural sedation

#### Distinguish

 How the level of sedation will determine the role of individuals within the healthcare team

#### **Explain the Hand-off Process**

 Including its significance to improve communication within the healthcare team

#### **Summarize**

The key components of the sedation assessment and documentation prior to, during and after sedation

#### **Apply**

 Responsiveness, Airway, Breathing, Circulation (RABC) approach in patients to identify adverse events such as apnea and hypoventilation

#### Integrate

ASA Physical Status classification system with the assessment of the patient prior to procedural sedation

#### **Choose the Discharge Criteria**

 Required for post-procedural sedation based on evidence-based practices





# **Features**

- Evidence-based, informed by most current science (Consistent with ASA & AAP guidelines)
- Innovative course specific to Pediatrics

- Adaptive learning: Competency-based assessment, complementary course to support novice learner and remediation needs
- Media representative of DEI in healthcare



# Initiatives & Goals Supported

- Improve patient safety in operations outside of the operating room
- Prevent side effects with medication or proper care before and during surgery
- Reduce frequency of rescue interventions



### **Subject Matter Experts**

The Red Cross Sedation courses were developed in collaboration with the ASA



# Continuing Education Credits

Procedural Sedation for Adults: Up to 3.75 CEs

Procedural Sedation for Pediatrics: Up to 4.75 CEs









## **Recommended For**

All non-anesthesiologist physicians, nurses, dentists and care team members involved in delivering moderate (conscious) sedation



#### **Courseware Content**

#### Adult Procedural Sedation:

- Foundations of Sedation Management
- Principles of Sedation Pharmacology
- Pre-Procedure Preparation: Patient Education and Evaluation
- Day of Procedure: Preparation and Monitoring
- Rescue
- Post-Procedure: Recovery and Discharge Management

#### Pediatric Procedural Sedation:

- Foundations of Sedation Pediatric Management
- Principles of Sedation Pharmacology
- Pre-Procedure Preparation: Patient Education and Evaluation
- Day of Procedure: Preparation and Monitoring
- Rescue
- Post-Procedure: Pediatric Recovery and Discharge Management



