



CPR/AED for Professional Rescuers

The purpose of the American Red Cross CPR/AED for Professional Rescuers course is to train professional-level rescuers to respond to breathing and cardiac emergencies in adults, children and infants until more advanced medical personnel take over. This program is offered in both traditional instructor-led and blended learning delivery types.

Learning Objectives

- Identify the responsibilities and characteristics of professional rescuers
- List the series of events that occur when the emergency medical services (EMS) system is activated
- Understand how legal considerations affect professional rescuers
- Recognize a life-threatening injury or illness
- Demonstrate how to perform a primary assessment
- Determine when it is appropriate to call for more advanced medical personnel
- Describe instances in which a victim should be moved
- Recognize and care for a breathing emergency
- Demonstrate how to give ventilations using a resuscitation mask (adult/child/infant)
- Demonstrate how to use a bag-valve-mask resuscitator (BVM) with two rescuers
- Demonstrate how to care for an obstructed airway (adult/child/infant)
- List the links of the Cardiac Chain of Survival
- Recognize the signs and symptoms of a heart attack and how to identify care
- Identify special situations that may arise when performing CPR
- Describe the role and importance of early CPR in cardiac arrest
- Demonstrate how to perform CPR (adult/child/infant)
- Demonstrate how to perform two-rescuer CPR (adult/child/infant)
- Describe what defibrillation is and how it works
- Describe the role and importance of early defibrillation in cardiac arrest
- List the general steps for using an automated external defibrillator (AED)
- Identify precautions for using an AED
- Demonstrate how to use an AED (adult/child/infant)
- Describe the differences in using an AED (adult/child/infant) when CPR is in progress
- Decide what care to provide for breathing and cardiac emergencies

Prerequisites and Length

Prerequisites: None

Instructor-Led: 6 hours

Blended Learning: 2 hours of eLearning followed by a 4 hour in-person skill session

Instructor

Currently certified CPR/AED for Professional Rescuers, Lifeguarding and Emergency Medical Response Instructors and Instructor trainers

Certification Requirements, Issues and Validity Period

Participants must:

- Attend the entire course and participate in all skill sessions and scenarios
- Demonstrate competency in all required skills and scenarios
- Pass the final written exam with a minimum grade of 80 percent
- Blended Learning only: complete all eLearning modules prior to the first in-person skill session

CPR/AED for Professional Rescuers, valid 2 years

Participant Products

CPR/AED for Professional Rescuers Handbook (available in digital and print formats)

