

# Neonatal Advanced Life Support (NALS)

With 34.6% of U.S. counties identified as maternity care deserts and an additional 3.4 million women living in counties with low or moderate access to maternity care\*, expanding neonatal resuscitation inside and outside of the hospital is more critical than ever.

To address this need, the American Red Cross has collaborated with the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) to develop a new and innovative option for neonatal resuscitation training. The new blended learning courses will help expand both the reach and access to scientifically validated training across the healthcare continuum.

## Excellence in Neonatal Care — Wherever You Practice

**Whether you're providing comprehensive end-to-end care or awaiting assistance from an advanced resuscitation team, our goal is to equip all healthcare clinicians involved in neonatal care with the essential knowledge and skills to optimize newborn outcomes.**

### Unmatched Science

Our curriculum is grounded in evidence-based science and aligns with ILCOR, the Red Cross Scientific Advisory Council, AHA and AAP.

### Broadened Reach

NALS provides critical resuscitation education to hospitals, NICUs, emergency departments, EMS, Certified Nurse Midwives, Certified Professional Midwives, Certified Midwives, Licensed Midwives and beyond.

### Team-Based Approach

The programs include cognitive exams, team-based assessments, real-world case scenarios, tailored blended learning and psychomotor skills.

### Enhanced Learning Environment

Adaptive learning personalizes curriculum helping to reduce training time and enhance mastery. Self-guided eLearning combined with in-person skills practice and testing provides the most competent learning environment.

### Instructor Flexibility

Existing NRP® Instructors and Instructor Mentors can bridge to NALS for free.

\* Stoneburner A, Chestnut JF, Lucas R, Jones EE, DeMaria AL. "Nowhere to Go: Maternity Care Deserts Across the U.S." Report No. 5. March of Dimes. 2026. [www.marchofdimes.org/maternity-care-deserts-report](http://www.marchofdimes.org/maternity-care-deserts-report)



**American Red Cross**  
Training Services



Reviewed and recognized by AWHONN  
as a valued education resource.

**When every second counts, frontline clinicians are often the first—and sometimes the only—lifeline for a newborn in crisis.**

NALS empowers care teams to meet the unique challenges of neonatal resuscitation and contribute to improved outcomes.

### **NALS Foundations**

Designed for clinicians involved in newborn healthcare at birth—while awaiting advanced support—this course utilizes a traditional eLearning model, providing a solid understanding of foundational concepts in neonatal resuscitation.

### **NALS Comprehensive**

Designed for clinicians through all stages of newborn resuscitation—from initial steps to post-resuscitation care—this course focuses on a full spectrum of neonatal resuscitation techniques and protocols and incorporates adaptive learning and realistic case scenarios.

Jointly accredited by ACCME, ACPE and ANCC. Accredited by CAPCE.  
Recognized by NREMT, CAMTS and state agencies.



## **Advancing Resuscitation Education for Better Outcomes**

**Evidence-Based Curriculum**

**In-Hospital and Out-of-Hospital Tracks**

**Broader Access to Lifesaving Skills**

**Adaptive and Personalized Learning**

**Realistic Case-Based Scenarios**

**High-Reliability Training**

**Supplementary Learning Tools**

**Included in Red Cross Resuscitation Suite**

**Mobile Application**

**Improve skill competency and patient outcomes.**

**For more information, visit [redcross.org/NALS](https://redcross.org/NALS)**



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