LIFEGUARD MANAGEMENT

American Red Cross Training Services

Optimize Your Team's Lifeguard Management Skills

A facility's safety depends on the whole team—from lifeguards to management. This course offers aquatic managers and lifeguard supervisors techniques that will improve their management skills as well as patron, lifeguard and facility safety.

Course Content

- Your role and responsibility as a lifeguard manager
- Human resources: preparing your staff (including annual and pre-season orientation and training)
- Injury prevention strategies
- Surveillance strategies and zone evaluation
- Emergency action plans (EAPs)
- Managing/evaluating your team and in-service training
- Risk management strategies and legal considerations

Features

- Online course format allows for convenient and self-paced learning
- In-person supplemental session to serve as continuing education real-life, practical content uses a highly visual interactive approach with video hosts and subject matter experts
- Quizzes and in-depth activities foster critical thinking and decision making
- Course embedded with free resources for self-directed learning and tools to facilitate on-the-job responsibilities, including an in-person supplement and in-service training topics and lesson plans
- Two-year digital certificate upon successful completion
- In-person testing offered for New York camp employees to comply with state requirements

The Red Cross advantage: the gold standard in aquatics.

High-quality, convenient, and affordable courses Full portfolio of courses and products Scientific, evidenced-based content Easy-to-administer formats and delivery

Ready to learn more? redcross.org/lifeguarding



