



American Red Cross Instructors: Committed to Creating Safer Communities

Experienced Instructors and Instructor Trainers: Bridging is a free, expedited, online-only Red Cross certification option that recognizes an individual's Instructor or Instructor Trainer certification and experience with either the Red Cross or an equivalent national training organization.

Instructor Bridge Courses	Time Commitment	Instructor Trainer Courses	Time Commitment
 <p>Healthcare</p> <hr/> <ul style="list-style-type: none"> Basic Life Support Advanced Life Support Pediatric Advanced Life Support 	<ul style="list-style-type: none"> 1 hour 1 hour 1 hour 	 <p>Healthcare</p> <hr/> <ul style="list-style-type: none"> Basic Life Support Advanced Life Support Pediatric Advanced Life Support 	<ul style="list-style-type: none"> 1 hour 1 hour 1 hour
 <p>Public Safety</p> <hr/> <ul style="list-style-type: none"> Babysitter's Training CPR/AED for Professional Rescuers Emergency Medical Response First Aid/CPR/AED Wilderness and Remote First Aid 	<ul style="list-style-type: none"> 2 hours 1 hour 2 hours 2.5 hours 2 hours 	 <p>Public Safety</p> <hr/> <ul style="list-style-type: none"> Emergency Medical Response First Aid/CPR/AED Wilderness and Remote First Aid 	<ul style="list-style-type: none"> 3 hours 4 hours 2 hours

Instructor Crossover Courses: Instructor crossover courses recognize an individual's Instructor certification and experience with either the Red Cross or an equivalent national training organization. While these crossover courses are abbreviated, in-person skills sessions are required due to the specific nature of the course content. Check redcross.org/takeaclass for the locations and fees of these blended learning courses for experienced Instructors.



Aquatics

- Lifeguarding
- Water Safety Instructor



Public Safety

- CPR/AED for Professional Rescuers (re-entry candidates)

New Instructor Candidates: Check redcross.org/takeaclass for locations and fees of these blended learning Instructor courses.



Healthcare

- Advanced Life Support
- Basic Life Support
- Pediatric Advanced Life Support



Public Safety

- Babysitter's Training
- CPR/AED for Professional Rescuers
- Emergency Medical Response
- First Aid/CPR/AED
- Wilderness and Advanced First Aid



Aquatics

- Basic Swim Instructor
- Lifeguarding Instructor
- Water Safety Instructor

New Instructor Trainer Candidates: Instructor Trainers represent the top tier of the Red Cross instructional hierarchy. In teaching others, Instructor Trainers demonstrate skills mastery and knowledge in their specialty; familiarity and experience with Red Cross program materials, systems and procedures; and strong experience teaching the specialty's courses.

Instructor Bridge Courses	Format	Time Commitment	Fees
 Public Safety Workplace First Aid/CPR/AED	In-person Instructor Trainer Academy	3 days	\$300
 Aquatics Lifeguarding Water Safety	In-person Instructor Trainer Academy In-person Instructor Trainer Academy	4 days 5 days	\$325 \$375

Ready to learn more?
redcrosslearningcenter.org – Instructor Lifecycle tab

Saving lives starts here™