



American Red Cross
Training Services

American Red Cross Resuscitation Suite™ BLS, ALS, PALS and NALS

Advancing Resuscitation Education for Better Outcomes

When lives are on the line, training should go beyond a checkbox approach. Every learner deserves an experience that builds confidence and prepares them for real-world challenges.

The American Red Cross Resuscitation Suite offers comprehensive programs that enhance skills, sharpen critical thinking, strengthen teamwork and simplify administration. Through modern, personalized teaching methods and advanced technology, time away from patients is minimized. The result? Improved care and better outcomes when every second counts.



Train to a Higher Standard

Expand beyond the basics. With the Red Cross Resuscitation Suite for Basic Life Support (BLS), Advanced Life Support (ALS), Pediatric Advanced Life Support (PALS) and Neonatal Advanced Life Support (NALS), our programs develop the knowledge, skills and behaviors that don't just meet expectations — they set a new benchmark for excellence.

Rooted in Science: Unrivaled Evidence-based Curriculum and Industry Best Practices

Red Cross programs are guided by the latest evidence-based science, the Red Cross Scientific Advisory Council and are aligned with ILCOR CoSTR and Red Cross Healthcare Guidelines.

Red Cross curriculum includes additional resuscitation and patient care topics for unmatched depth.

Elevate Patient Safety, Empower Teams

Integrating High Reliability Principles across the Resuscitation Suite portfolio builds resilient systems designed to prevent harm, improve care quality and boost efficiency — fostering a culture of safety, quality and trust.

Cultivate Excellence with Instructor Trainer (IT) Academies

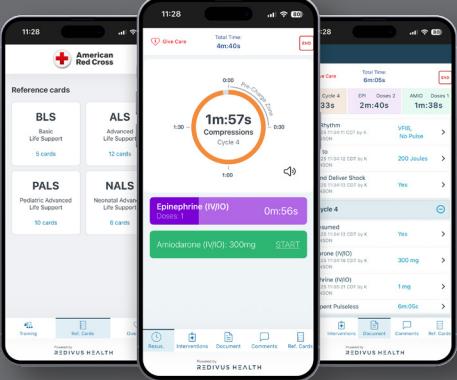
IT Academies equip Instructor Trainer Candidates with tools and techniques to elevate resuscitation education and teach the next generation of Instructors. Each IT Academy is an intensive, multi-day program blending online and in-person learning.

Earn the Credits. Enhance Your Care.

The Red Cross holds joint accreditation from ACCME, ACPE and ANCC, is a CAPCE-approved CE provider and is recognized by NREMT, CAMTS and EMS agencies in all 50 states.

Disruptive Innovation that Transforms the Learning Experience

Envision an approach to education that moves beyond traditional training. By integrating innovative teaching methods and advanced technologies, our approach makes learning more engaging, personalized and effective — equipping learners with the tools and confidence to respond when it matters most.



Tap Into Expert Guidance Anytime, Anywhere

The Resuscitation Suite App, powered by Redivus Health, acts as a cognitive aid to equip users with lifesaving knowledge, real-time protocol guidance and effortless documentation during training scenarios and high-stakes resuscitation events.

The app integrates BLS, ALS, PALS and NALS clinical tools, including Red Cross code and reference cards, prompts to protocols, heads-up timers and real-time documentation that is timestamped and downloadable.

Bridge the Gap Between Learning and Practice with Real-life Case-based Training

Real-life case delivery immerses learners in scenarios that mirror real-world clinical challenges.

Computer Adaptive Testing that's Fast, Fair and Fully Secure

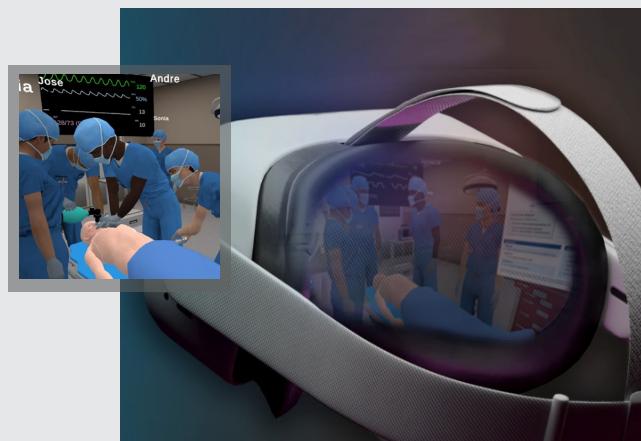
Final exams are generated from an extensive, randomized test bank that tailors question difficulty in real time to each learner's performance. This adaptive nature allows the test to be shorter than a traditional one. Learners who demonstrate competence can complete the exam in approximately 50% less time.

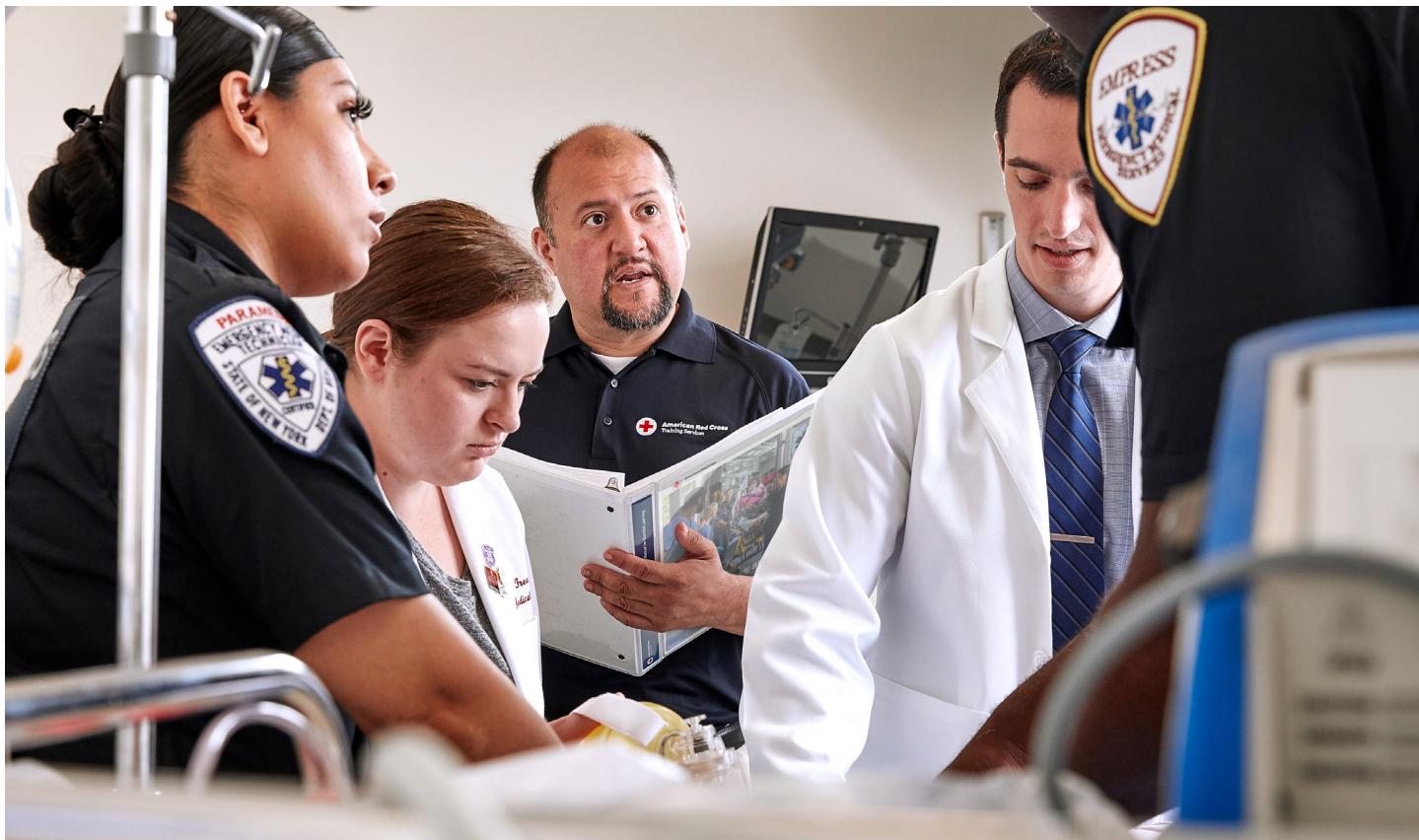
Accelerate Competency with Confidence

Each online learning module begins with a pre-assessment to confirm competency and identify learning gaps, personalizing the process and accelerating focus on skill proficiency.

ALS Certification with Immersive VR Innovation

Learners act as Team Leaders in an immersive simulation, using their voice to guide a team through resuscitation scenarios that demonstrate their skills and knowledge.





Better Training for Better Outcomes

Imagine learning that doesn't just check a box — it transforms performance. Through high-quality practical training, learners gain the knowledge and skills to perform at the highest level.

Practice As You Perform™

Train in the same manner you are expected to provide patient care, adhering to your local protocols under medical direction/oversight and utilizing your equipment.

Maximize Impact with Learner-specific Education Tracks

Tailored education for in-hospital and out-of-hospital (EMS) learners features content and visuals aligned to each track across online modules and team-based scenarios.

Flexible Delivery Methods

Accommodate all schedule and learning styles with Red Cross instructor-led, blended learning, self-directed, recertification and challenge options.

Cognitive Aids that Strengthen Training

The Red Cross Resuscitation Suite Handbook includes code cards, reference cards and drug charts for BLS, ALS, PALS and NALS, while pocket guides contain quick reference cards for BLS, ALS and PALS.

Simplify Operations

Advancing resuscitation education while controlling training costs and easing administrative burden is always top of mind. Our goal? To simplify the complex. Streamlined processes and improved efficiency free learners and Instructors to focus on what matters most — teaching, learning and achieving meaningful progress.

Train with Confidence. Operate with Autonomy.

Deliver certification courses independently — train your organization or external audiences while managing Instructors, scheduling, equipment and logistics.

Free Digital Materials to Maximize Budget

Digital resources, including participant and Instructor manuals, videos, presentations and reference materials, are free to Red Cross learners and Instructors.

One Instructor Online Session. Ongoing Impact.

A combined online session serving BLS, ALS and PALS emphasizes key topics and reduces content repetition for new and bridging Instructor candidates.

Following a final assessment, a revamped in-person session allows for skills proficiency verification and practice with a certified Instructor Trainer or Instructor Trainer Educator.

Rapid Customer Support

Direct customer access to a dedicated representative ensures prompt, personalized assistance.



Optimize Training with Bundled Course Options

Two new bundled options — ALS + BLS and PALS + BLS — streamline training, reduce administrative work and enhance patient care.

The Program Administration Database (PAD): Centralized Tools for Success

The PAD is a digital, searchable Instructor course companion that supports Red Cross programs with key administration information and resources.

Red Cross Resuscitation Suite

BLS, ALS, PALS and NALS

Designed for both in-hospital and out-of-hospital healthcare clinicians, our training courses are consistent with 2025 evidence-based science guidelines to optimize patient outcomes.

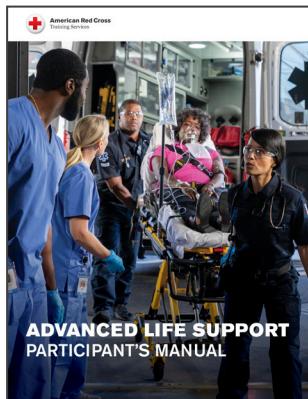
Basic Life Support (BLS)



This program equips participants with the knowledge and skills to quickly assess, recognize and care for cardiac arrest, provide high-quality CPR and use an AED.

BLS also covers additional life-threatening emergencies including respiratory arrest, drowning, opioid overdose, myocardial infarction, life-threatening bleeding and obstructed airway in adults, children and infants.

Advanced Life Support (ALS)



This program equips participants with the knowledge and skills to quickly assess, recognize and care for adult patients experiencing a respiratory, shock, cerebrovascular or cardiovascular emergency.

ALS also covers additional skills including interprofessional team response, airway management, rapid rhythm recognition and electrical therapies within one's role in the interprofessional healthcare team.



Recognized by the Brandon Hall Group's Excellence in Technology Awards.



Recognized by Newsweek as one of its top online learning providers.

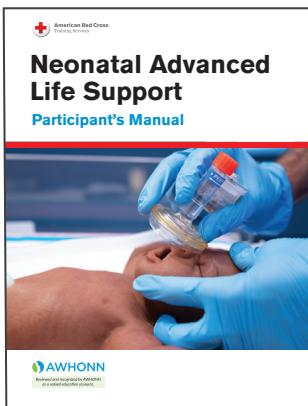
Pediatric Advanced Life Support (PALS)



This program equips participants with the knowledge and skills to quickly assess, recognize and care for pediatric patients experiencing a respiratory, shock or cardiovascular emergency.

PALS also covers additional skills including interprofessional team response, airway management, intraosseous placement and electrical therapies within one's role in the interprofessional healthcare team.

Neonatal Advanced Life Support (NALS)



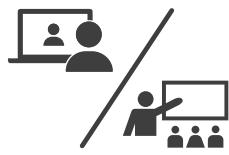
The Red Cross has collaborated with the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) to develop this innovative option for neonatal resuscitation training that addresses the management of the newborn both in and out of the traditional delivery room or neonatal intensive care unit (NICU).

Flexible Training Models

Whether you're a training provider, agency, or healthcare organization, you need training programs that are flexible, efficient and cost-effective — for you and your learners. That's why we offer multiple training methods and certification options tailored to fit your needs.



INSTRUCTOR-LED



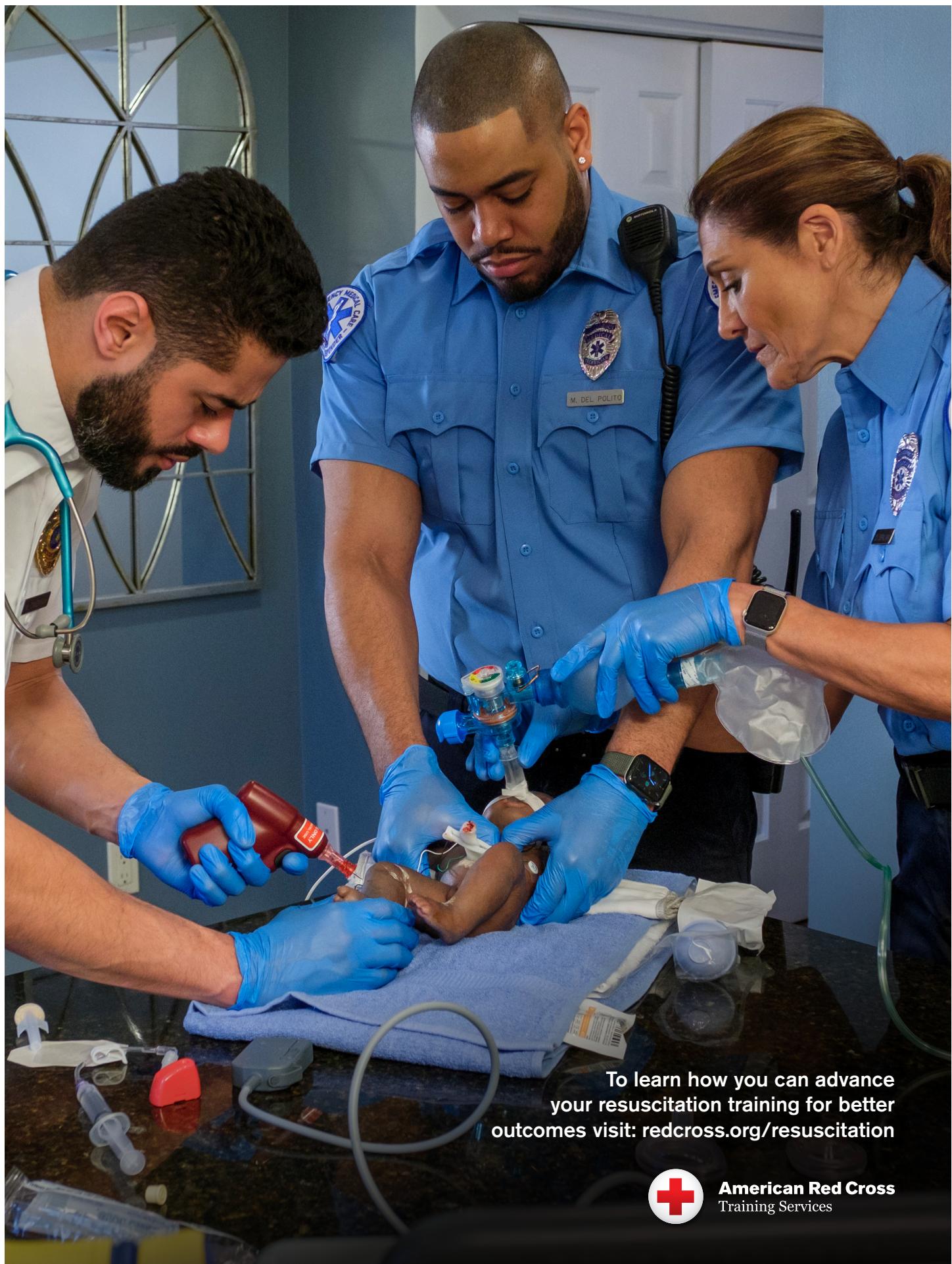
BLENDED LEARNING



RECERTIFICATION
AND CHALLENGE



SELF-DIRECTED



To learn how you can advance
your resuscitation training for better
outcomes visit: redcross.org/resuscitation



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