



# Procedural Sedation

For Adults and Pediatrics

## Perform moderate sedation with industry-leading expertise

As anesthesia services expand beyond the traditional operating room, the demand for strong patient safety practices continues to rise.

The American Red Cross Procedural Sedation online training courses, developed in collaboration with the American Society of Anesthesiologists (ASA), delivers clear and comprehensive instruction for safely administering moderate sedation before, during and after procedures. This training enables clinicians to provide safer, more effective care, helping to improve outcomes and patient confidence.

### PROGRAM OBJECTIVES

Describe the pharmacokinetic properties of sedatives, analgesics and reversal agents used in procedural sedation

Explain the hand-off process, including its significance to improve communication within the healthcare team

Apply the Responsiveness, Airway, Breathing, Circulation (RABC) approach in patients to identify adverse events such as apnea and hypoventilation

Summarize the key components of the sedation assessment and documentation prior to, during and after sedation

Distinguish how the level of sedation will determine the role of individuals within the healthcare team

Integrate the ASA Physical Status classification system with the assessment of the patient prior to procedural sedation

Choose the discharge criteria required for post-procedural sedation based on evidence-based practices



**American Red Cross**  
Training Services



**American Society of  
Anesthesiologists®**

# Designed to optimize patient outcomes by objectively assessing and improving skills, competency and efficiency

## PROGRAM FEATURES

Meets the moderate sedation standards and regulatory requirements as directed by the Joint Commission and Centers for Medicare and Medicaid Services

Unique courses specific to both adult and pediatrics

Adaptive learning confirms competency and identifies learning gaps, personalizing the process and accelerating focus on skill proficiency

Evidence-based, informed by the most current science (consistent with ASA & AAP guidelines)



## Recommended For

All non-anesthesiologist physicians, dentists and care team members involved in monitoring, assisting with or providing moderate (conscious) sedation

## Course Content

Foundations of Management

Principles of Sedation Pharmacology

Pre-procedure Preparation: Patient Education and Evaluation

Day of Procedure: Preparation and Monitoring

Rescue

Post-Procedure: Recovery and Discharge Management

## Continuing Education

The American Red Cross holds joint accreditation from ACCME, ACPE and ANCC

## Developed By



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**Discover the impact procedural sedation training can have on improving patient care and safety.**

**Visit [redcross.org/sedation](https://www.redcross.org/sedation)**