

“OPENING PROCEDURE”

Beginning the skill demonstration:

1. Wash / Sanitize hands
2. Knock; pause for a response; enter the room
3. Greet the resident (example: “Good morning”)
4. Introduce yourself with name/title (example: “I’m Paul, your nurse assistant”)
5. Ask for permission to check the ID band (read name on band)
6. Respectfully greet the resident by name (example: “Nice to meet you, Mr. Lim”)
7. Explain procedure and ask permission to perform skill.
8. Gather supplies (you must really gather all supplies you will need)
9. Provide privacy

“CLOSING PROCEDURE”

Ending the skill demonstration:

1. Re-verify that your resident is positioned comfortably and is correctly aligned
2. Place resident’s bed in lowest position
3. Raise side rail or rails (if necessary)
4. Place and secure the call light within reach of the resident’s hands
5. Place over-bed table within reach (i.e. holds phone, tissues, water, if applicable)
6. Open privacy curtains
7. Wash / Sanitize hands
8. Say "goodbye" and Exit room
9. Report and record

REMEMBER TO DO “DURING the SKILLS TEST”

1. Maintain a confident and professional manner. Speak up. Be natural. Breathe.
2. DO NOT RECITE “skill steps” to the RN/Skill Evaluator.
3. DEMONSTRATE the skill as you would do it in the work situation.
4. You WILL DEMONSTRATE the skill in order for the RN to EVALUATE your performance.
5. Use good interpersonal skills (conversation, interaction, give clear directions and explanations).
6. Interact with the resident in a PROFESSIONAL manner.
7. When speaking to the resident, maintain face-to-face contact when possible.
8. Remember to USE good body mechanics while performing your skill.
9. Demonstrate safety (YOUR safety, RESIDENT’S safety, EQUIPMENT safety).
10. Be safe and gentle when moving the resident’s body (do not cause pain/injury).
11. Check alignment (stand at FOB to look at resident’s body from “head-to-toe”).
12. Check for comfort (adjust pillows; check head, shoulders, bony areas, joints).
13. Demonstrate good infection control measures (throughout skill performance).
14. You must include ALL *Six Principles of Care* during each skill demonstration.

FOB - foot of bed