



**American
Red Cross**

First Aid for
Severe Trauma

First Aid for Severe Trauma™ (FAST™) Program Testimonials

**Carie Staub, MHS, LAT, ATC, Assistant Director
HOSA Future Health Professionals
Idaho**

*“Ensuring youth are prepared to step up in times of crisis is essential to community health. Whether dealing with a random act of violence or the family camping trip off the grid, FAST is a straight-forward and easy to manage program which helps me teach my students how to properly handle severe trauma to save lives. It is **“must have”** curriculum for every health program!”*

**Karen Batchelor, Liaison
HOSA Future Health Professionals
Texas**

“There are very few life lessons that are essential for every student, but the FAST program is critical for the development of responsible, service-oriented citizens. Dr. Craig Goolsby and his team at NCDMPH have partnered with the American Red Cross to create a relevant instructor-led curriculum for severe trauma that is applicable to all students, regardless of their environment. FAST prepares students to recognize that a bleeding emergency exists, identify life-threatening bleeding, set priorities, and act to save lives. The curriculum resources are easy for teachers to implement in the classroom and a must-learn skill for every high school student!”

**Allison Latzo, Healthcare Science Instructor
Central Montco Technical High School
New Jersey**

“Central Montco Technical High School students were delighted to pilot the FAST program. The teen training program was easy to use and encouraged the students to think critically in an emergency. It was an amazing experience for the students to role play real-life trauma scenarios. This program helped the students feel confident in placing a tourniquet to stop bleeding and in handling a medical crisis. I would highly recommend the training.”

**Be the difference.
[redcross.org/FAST](https://www.redcross.org/FAST)**