



Your One-Stop Shop for Basic Life Support (BLS) Training Materials, Equipment and Supplies

The specific materials, equipment and supplies needed are included at the beginning of the lesson in your [Basic Life Support \(BLS\) Instructor Manual](#). See chapter 3 for a comprehensive list

Materials:

- [Instructor Manual Blended](#) or [Instructor-Led](#) or [Instructor Kit with Code Cards](#)
- [Participant Manual](#)

Equipment and Supplies:

- [Manikins](#) (one for every 2 participants)
There are many options available including [Adult](#) and [Infants](#)
- Replacement [Lungs & Shields](#) (need to be replaced after every class)
- Breathing barriers (one for every participant)
[Resuscitation Mask](#) or [Pocket Mask](#)
- Bag Valve Masks
[Adult](#) (one for each manikin)
[Infant](#) (one for each manikin)
- Non-Latex Gloves (need new pair per student for each class)
- [AED Training Devices](#) (one for every three participants)
- [AED Training Pads](#) (one set of adult and one set of pediatric training pads for every three participants)
- Manikin decontamination supplies
- [BLS Instructor Starter Equipment and Supplies Kit](#) (also available)



For more information, visit us at [redcross.org/store](https://www.redcross.org/store)