Your One-Stop Shop for Basic Life Support (BLS) Training Materials, Equipment and Supplies

The specific materials, equipment and supplies needed are included at the beginning of the lesson in your Basic Life Support (BLS) Instructor Manual. See chapter 3 for a comprehensive list.

Materials:
- Instructor Manual Blended or Instructor-Led or Instructor Kit with Code Cards
- Participant Manual

Equipment and Supplies:
- Manikins (one for every 2 participants)
  There are many options available including Adult and Infants
- Replacement Lungs & Shields (need to be replaced after every class)
- Breathing barriers (one for every participant)
  Resuscitation Mask or Pocket Mask
- Bag Valve Masks
  Adult (one for each manikin)
  Infant (one for each manikin)
- Non-Latex Gloves (need new pair per student for each class)
- AED Training Devices (one for every three participants)
- AED Training Pads (one set of adult and one set of pediatric training pads for every three participants)
- Manikin decontamination supplies
- BLS Instructor Starter Equipment and Supplies Kit (also available)

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