Lifesaving Awards Newsletter
August 2021

Instructor Spotlight

Each month we highlight instructors who have taught students who in turn used their lifesaving skills to save or sustain a life.

**Randy Feesler** was honored for teaching a student Adult and Pediatric CPR/AED skills. Randy’s student used their skills to help sustain the life of a gentleman who fell unconscious at a state park in Mt. Sterling, OH.

Lifesaving Awards Vault

The following vault story comes from The Nassau Daily Review in 1931 (Long Island, New York)

Inspiring Stories

Eastern North Carolina Region

(From left: John Gunter, Pat Gunter, and Red Cross Executive Director, James Jarvis)

Pat Gunter and her husband, Topsail Beach Commissioner John Gunter, started their day like any other. Pat was in the kitchen while her husband was in the bedroom when she heard a terrible crash. She ran into the room to see John lying on the floor, face down. She ran to him and lifted his head up. It was immediately clear that he was not breathing. She called 911.

When the 911 dispatcher asked Pat if she could do CPR, she said that she could try. She had to turn him onto his back first. By that time, he was turning blue and there was no doubt in her mind that he was “gone.” She just knew that every second was critical, so she started chest compressions.

Eventually John began to move his head slightly and took, what she later learned to be little “guppy” breaths. While they were not effective breaths, they were at least something. Soon after, Officer Ryan Benway of the Topsail Beach Police Department arrived and took over compressions until paramedics arrived.

Read more...

Connecticut Region
A male patron was in the sauna when he started to feel ill and fell unconscious. John Roberts was notified and promptly responded. The Emergency Action Plan was put in place. Lee LeBlanc retrieved the AED and brought it on scene. Lee and Nicholas Dionne removed the gentleman from the sauna. An assessment was conducted and it was determined CPR was needed. One of the bystanders announced she was a nurse and came to administer chest compressions with the help of Nicholas, Lee, and John.

The AED was setup and advised a shock was needed. All stood clear as a shock was delivered. Another assessment was conducted and CPR resumed. The AED analyzed again and advised another shock was needed. The AED delivered another shock. John, Nicholas and Lee continued providing the gentleman with ventilations until he became responsive.

Arkansas Region

Raj Rao, trained in American Red Cross Adult and Pediatric First Aid/CPR/AED, helped to sustain the life of a female staff member who fell unconscious during a meeting at the University of Arkansas in Fayetteville, AR. Staff were having a meeting in the Chancellor’s Conference room. Shortly after the meeting began one of the female staff members appeared to be slumped in her chair. One of the staff members stood up, stopped the meeting and advised 9-1-1 needed to be called. Mark Power and a fellow staffer performed an assessment and placed the woman on the floor. Mark started to perform chest compressions while Raj Rao helped perform rescue breaths. University police were notified of the situation. Jim Coleman stayed in the room and helped to notify University police of any changes.
If you or someone you know has used skills and knowledge learned in an American Red Cross Training Services course to help save or sustain the life of another individual, visit LifesavingAwards.org to nominate, recognize, or be inspired.

**Interactive Map of the Lifesaving Awards**
Interested to see if a Lifesaving Award recipient was awarded in your area? Please view our interactive Lifesaving Awards map to see where a life has been saved as well as where we have honored awardees. View the NEW interactive map on RCVIEW

**Nominate. Recognize. Inspire!**
View even more inspiring actions by Lifesaving Award recipients on the Training Services and American Red Cross social media pages.