



Lifesaving Awards

Whenever a life is saved,
share the story!



American Red Cross
Training Services

Inspiring Stories

Nevada and Utah Region



When it comes to emergency first aid, there's no such thing as acting a second too soon. Literally, every moment counts between what could be the life and death of a victim.

This was the case when Ikaipo Atienza and Chester Alan Timbol reacted to a 'Code Blue' announcement over the intercom at the Exchange at Nellis Air Force Base in North Las Vegas last December. A customer passed out in the men's room in the mall area of the building. The Code Blue announcement notified trained employees to respond to the incident. Atienza and Timbol immediately rushed to the scene and quickly determined the customer was not breathing and was non-responsive after following standard first aid checks. Not wasting a second, they attached the AED pads and administered CPR. These lifesaving actions helped the customer survive until paramedics arrived to administer further care and transport the victim to Nellis AFB Hospital where he was eventually stabilized and put on a ventilator.

[Read more...](#)

Southern California Region



Instructor Spotlight

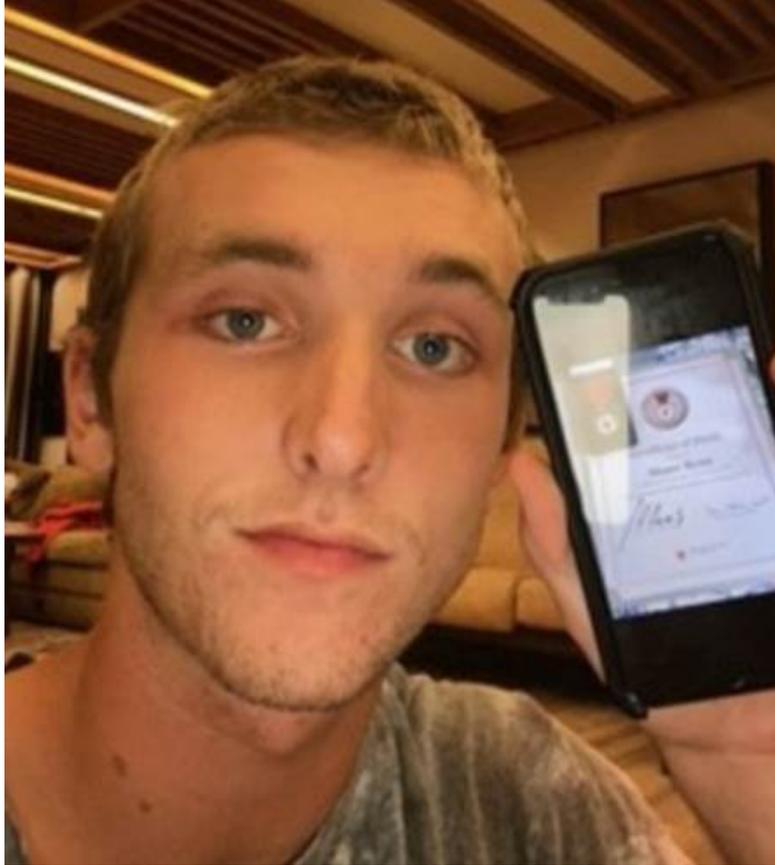
Each month we highlight instructors who have taught students who in turn used their lifesaving skills to save or sustain a life.

Nancy Haynsworth, fitness director for the US Navy in Bahrain, was honored for teaching a student Adult First Aid CPR/AED skills. Nancy's student used their skills to help save the life of 6-month old child who began choking in Bahrain.



Lifesaving Awards Vault

The following vault story comes from North Country Catholic - February 24, 1957.



Shane Ryan was surfing near Bird Rock Beach in La Jolla when he used his first aid training to help save the life of a gentleman who fell off a nearby cliff into the water. For his heroic and lifesaving actions, Shane was honored this week by the American Red Cross of San Diego and Imperial Counties and was awarded the Certificate of Merit, one of the highest awards given by the Red Cross.

“We’re extremely proud of Shane and his willingness to put his training into action,” said Sean Mahoney, Regional CEO of the American Red Cross Southern California Region. “Shane’s quick response and immediate action in a time of need truly embodies the spirit and mission of the Red Cross.”

[Read More...](#)

Georgia Region



Sister Mary Dymphna Sullivan, R.P., of the Presentation Sisters Newburgh Community, received the American Red Cross Certificate of Merit from H. Norman Engelsen, New York Chapter director of Safety Services. Sister Mary Dymphna received the award in recognition of having saved the life of one of her 8th grade students by immediate use of first aid after he had fallen through a window in St. Paul’s School, Yonkers, severing an artery in his wrist. She gained her lifesaving knowledge in a Red Cross first aid course. Looking on are Msgr. John P. Haverty, archdiocesan superintendent of schools, and Miss Tomcinie Ray of the American Red Cross Safety Services.

Saving lives starts here.

If you or someone you know has used **skills** and **knowledge** learned in an American Red Cross **Training Services** course to help save or sustain the life of another individual, visit [LifesavingAwards.org](https://www.lifesavingawards.org) to nominate, recognize, or be inspired.



Kroy Biermann, former Atlanta Falcon's player, was home with his family when he noticed his son choking on a piece of food. Biermann's 9-year-old son had been enjoying a mozzarella stick when a bit became lodged in his throat, cutting off his air supply. The father of six quickly positioned himself behind his son and began performing abdominal thrusts forcing the piece of food out, allowing his son to be able to breathe again.

[Read More...](#)

Interactive Map of the Lifesaving Awards

Interested to see if a Lifesaving Award recipient was awarded in your area? Please view our interactive Lifesaving Awards map to see where a life has been saved as well as where we have honored awardees.

[View the NEW interactive map on RCVIEW](#)

Nominate. Recognize. Inspire!

View even more inspiring actions by Lifesaving Award recipients on the Training Services and American Red Cross social media pages.

