

Lifesaving Awards



American Red Cross
Training Services

NOMINATE NOW

Inspiring Stories by Region

Preparation to Act in a Critical Moment Honored by the Greater Pennsylvania and Illinois Regions

When a man suffered a cardiac arrest at a local gym in Pennsylvania, Glenn Truzzi put his company training in Red Cross First Aid/CPR/AED into action. Staying calm under pressure, he called 911 and started CPR. When the AED became available, Glenn applied it and continued care until EMS arrived. Honored with the Certificate of Merit at his company's retreat in Illinois, Glenn's story shows how preparedness can empower ordinary people to do extraordinary things. Follow this region on Facebook for more stories [like this](#) that showcase resilience, generosity and the individuals who step up when it matters most.



L to R: Glenn Truzzi and Red Cross Training Services Sales Executive Tim Oldenburg

Two Lifeguards, One Lifesaving Response in the Colorado and Wyoming Region

Lifeguards Andi Guerrero and Eric Armstrong were honored with the Lifesaving Award for Professional Responders after putting their training (Red Cross Lifeguarding including Deep Water with CPR/AED for Professional Rescuers and First Aid) into action during a drowning emergency. When they spotted a submerged swimmer, they immediately activated the Emergency Action Plan, performed a rescue, delivered CPR and used an AED. Their fast, coordinated response saved a life, allowing the survivor to later stand beside them in celebration. See more about this incredible rescue on the Training Services [Facebook page](#) and join us in celebrating their lifesaving teamwork.



Eric Armstrong (left) and Andi Guerrero (center) receive their LAFR Award with members of the Red Cross.

An Everyday Hero Steps Forward in the Connecticut and Rhode Island Region

When a 2-year-old girl was pulled unresponsive from a hotel pool after slipping underwater, maintenance worker Yordy Sanchez sprang into action. Yordy was in the pool area for a routine water quality check, but immediately diverted his attention to assisting the child. Drawing on his military training, he started CPR, helping the child expel water and begin breathing again before first responders arrived. Honored with the Certificate of Extraordinary Personal Action, Yordy represents the courage, compassion and readiness to act when every second counts. Watch first hand how Yordy turned a routine day into a lifesaving moment by watching the region's [video](#).



Yordy Sanchez with the Certificate of Extraordinary Personal Action

Instructor Spotlight

Katherine Palladino

Each month we recognize an Instructor whose student(s) have used their Red Cross lifesaving training to save or sustain a life. This month we honor Katherine Palladino, whose students, Kieran Hagan (Lifeguarding with CPR/AED for Professional Rescuers and First Aid) and Angelo DeAugustino (Lifeguarding Including Deep Water with CPR/AED for Professional Rescuers and First Aid) put their training into action during an emergency at a pool in Pleasantville, New York. Working together, they performed a deep-water rescue, administered CPR and delivered two AED shocks before first responders arrived. We extend our thanks to Katherine for providing the quality training that allowed her students to take action when it mattered most.



Lifesaving Awards Vault

From the vault of the Magnum Daily Star (Magnum, OK), December 19, 1947

On this date in history, 19-year-old Owen Richardson became a hero. He spotted a car swerving off the road into the icy waters of a deep creek. He raced to where the car had overturned, swam into the frigid water and kicked out the glass in the car window. Three of the occupants swam to shore with Owen towing the fourth, who was in cardiac arrest. Once on the creek's bank, Owen started CPR and continued until help arrived.

Youth Saves Lives Of Four, Given Medal



Nominate.

Recognize.

Inspire.

Saving Lives Starts Here

If you or someone you know has used **skills** and **knowledge** learned in an American Red Cross Training Services course to help save or sustain a life, visit [LifesavingAwards.org](https://www.AmericanRedCross.org/LifesavingAwards) to nominate them.

Map of the Lifesaving Awards

Want to know if you have a local hero in your area? Look at our maps: [United States](#) and [international locations](#).



Get Inspired!

Observed annually, OSHA Safe + Sound Week (August 10-16, 2026) encourages organizations to strengthen workplace safety and health programs. We recognize the importance of this week and encourage businesses to make preparedness a priority. Emergencies can happen anywhere, and trained employees can make all the difference when seconds count. Our First Aid/CPR/AED course equips workers with the skills and confidence to respond to injuries and cardiac emergencies.