

Lifesaving Awards



American Red Cross
Training Services

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Inspiring Stories by Region

When Training and Courage Come Together in the Northwest Region

When Justin Wong stepped in to help a young man who had been seriously injured and was rapidly losing blood after an apparent assault in Seattle, he showed how everyday people can make a lifesaving difference. Using skills learned in a Red Cross First Aid/CPR/AED class, Justin controlled the bleeding using a tourniquet and direct pressure. He stayed with the victim until help arrived. Justin was honored with the Certificate of Merit for his actions, reflecting the power of preparedness. For the full story and more details about this inspiring act of courage, visit the region's [news page](#).



Justin Wong with the Certificate of Merit.

A Young Lifeguard Steps Up in the Northern California Coastal Region

At an event celebrating service and courage, Malik Osman, a high school senior, was honored with the Red Cross Lifesaving Award for Professional Responders. Trained in Red Cross Lifeguarding with CPR/AED for Professional Rescuers, First Aid and Administering Emergency Oxygen, he put his skills into action while working as a lifeguard last summer. When he spotted a young child struggling in the deep end of the pool, Malik acted without hesitation. He jumped in, extracted the child, instructed someone to call 911 and began CPR. He continued until help arrived. His calm, skilled response shows how training can empower young people to make an extraordinary difference. Experience the story in full by clicking through to the Training Services [Facebook page](#) and the region's [blog](#).



Malik Osman with the Lifesaving Award for Professional Responders.

Prepared to Act When a Child Needed Help in the Greater Pennsylvania Region

Correctional Officer Jaiden Droege stepped up immediately when a toddler began choking outside the county prison where she worked. Drawing on training from her days as a lifeguard, Jaiden acted without hesitation, dislodged the obstruction and saved the child's life. Her swift response earned her the Certificate of Extraordinary Personal Action. Reflecting on the moment, Officer Droege shared, "What I did was just a response that's embedded in me." Head to the region's [Facebook page](#) for a closer look at how preparedness saved the day.



Officer Jaiden Droege with members of the Central Pennsylvania Chapter.

Instructor Spotlight

Jamie Sweeney

Each month we recognize an Instructor whose student(s) have used their Red Cross lifesaving training to save or sustain a life. This month we honor Officer Jamie Sweeney, whose student, Alexandre Ortiz, trained in Red Cross Adult and Pediatric First Aid/CPR/AED, helped save the life of a three-week-old infant who was having trouble breathing. The first person to respond to the scene, Officer Ortiz gave back blows and performed CPR until the baby's breathing improved and EMS took over care. We extend our thanks to Jamie for providing the quality training that allowed her student to take action when it mattered most.



Lifesaving Awards Vault

From the vault of the Sun Journal (New Bern, NC), September 29, 1991

On this date in history, Marine Staff Sergeant Denver Jones received the Certificate of Merit from the Red Cross. SSgt Jones was playing in a softball league when the pitcher collapsed, pulseless and not breathing. SSgt Jones and another attendee began CPR and continued for nearly 30 minutes before rescue crews took over. "I saw the need for CPR and I acted," said SSgt Jones.

Marine gets Red Cross lifesaving award here



Nominate.



Recognize.



Inspire.

Saving Lives Starts Here

If you or someone you know has used **skills** and **knowledge** learned in an American Red Cross Training Services course to help save or sustain a life, visit [LifesavingAwards.org](https://www.AmericanRedCross.org/LifesavingAwards) to nominate, recognize or be inspired.

Interactive Map of the Lifesaving Awards

Want to know if you have a local hero in your area? [Look at our map](#).



Get Inspired!

On June 4, we held a live event with Tina Royer, a Red Cross CPR/AED Instructor who used those skills to save her dad's life. As you've seen in this newsletter, preparedness saves lives and sometimes the life you save is someone you love. See her inspiring video on the New Mexico region's [Facebook page](#) and watch the Live event on demand via the Training Services [LinkedIn](#) or [Facebook](#) pages.