

Lifesaving Awards



American Red Cross
Training Services

NOMINATE NOW

Inspiring Stories by Region

Bicyclist in Cardiac Arrest Saved by Passerby in the Minnesota-Dakotas Region

Hunter Conrad was driving down a rural back road when he was flagged down by a group of cyclists. One of them suffered a cardiac emergency and was unconscious. Hunter immediately assessed the situation and alternated CPR with another member of the group, continuing until EMS took over. The cyclist was airlifted to a hospital where he later recovered. For his heroic actions, Conrad was honored with the Certificate of Merit. Read more about this impressive rescue on the region's [Facebook page](#).



L to R: Kevin O'Brien, the instructor who certified Hunter, Hunter Conrad and Melanie Tschida, executive director of the Red Cross serving Southeast Minnesota

Patrol Officers Rescue Two Beach Goers in the South Carolina Region

Horry County Police Patrolman 1st Class Joseph Dodd, a member of the beach patrol, was conducting a routine patrol near the State Park last year when he saw a man 75 feet from shore struggling in the water and calling for help. Officer Dodd pulled on a wetsuit, grabbed his lifeguard buoy and began swimming toward the exhausted man. He towed the man to shore with the buoy, where they were met by additional troops. Patrolman Dodd credits his Red Cross training, in part, to this successful rescue. The Lifesaving Award for Professionals Responders was also given to Officer Rick Crouse at the same ceremony. Officer Crouse saved an unconscious person on the beach with a combination of CPR and use of naloxone. Check out the detailed and compelling [blog post](#) for the remarkable dual stories of these two officers.



Left photo (L to R): Officer Joseph Dodd and Rod Tolbert, CEO of the Red Cross of South Carolina

Right photo (L to R): Officer Rick Crouse and Rod Tolbert

Lifeguards Jump Into Action in the Illinois Region to Save Fellow Classmate

Four lifeguards were attending a lifeguarding course when they spotted another class participant, Craig Kizner, going down in the shallow end of the pool. The foursome jumped into action, lifting the lifeguard candidate out of the pool and onto the deck. The guards-in-training rotated through 30 minutes of CPR and used an AED to get a pulse. The paramedics who arrived indicated that without this response, Kizner would not be alive. For their lifesaving actions, Katie McGrane, Alex Vogel, R.L. Aldridge, Nathan Elbe each received the Certificate of Extraordinary Personal Action. Get inspired by the [blog post](#) and the dramatic [video](#).



Trish Burnett (left) and Luis Leal (right) of the Red Cross flank (L to R) lifeguards R.L. Aldridge, Nathan Elbe and Katie McGrane and survivor Craig Kinzer

Instructor Spotlight

Jacob Worley

Each month we highlight an Instructor whose student(s) used their lifesaving training to save or sustain a life. This month we recognize Jacob Worley, who taught Donovan Taylor and Morgan Lipps courses in Lifeguarding, CPR/AED for Professional Rescuers and First Aid. Donovan and Morgan helped to sustain the life of a fitness center patron who was having a medical emergency. After activating the Emergency Action Plan, Donovan began CPR while Morgan retrieved the AED. When Morgan returned, the two continued CPR as a team until EMS arrived and took over. We thank Jacob for providing the quality training that allowed Donovan and Morgan to provide care.



Lifesaving Awards Vault

From the vault of the Tucson Daily Citizen (Tucson, Arizona), June 8, 1966

William Prior, a training director for the U.S. Peace Corps at the University of Arizona, was presented with the Certificate of Merit for helping to save the lives of four swimmers while in Puerto Rico. Heavy currents had carried them into dangerous and deep water before Prior and another Peace Corps volunteer rescued them. The certificate was signed by President Lyndon Johnson.



Nominate. Recognize. Inspire.

Saving Lives Starts Here

If you or someone you know has used **skills** and **knowledge** learned in a Red Cross Training Services course to help save or sustain the life of another individual, visit [LifesavingAwards.org](#) to nominate them.

Want to see if you have a local hero in your area? Take a look at our [map](#).



Get Inspired!

May marks the start of Water Safety Month. This month's issue features two water saves. Be confident in water, for life, by following the steps of the Circle of Drowning Prevention this coming summer:

- Provide close and constant attention to children you are supervising in or near water.
- Fence pools and spas with adequate barriers, including four-sided fencing.
- Learn swimming and water safety survival skills.
- Children, inexperienced swimmers and all boaters should wear U.S. Coast Guard-approved life jackets.
- Always swim in a lifeguarded area.

Visit [redcross.org/WaterSafety](#) for more tips and if you know of someone who has been part of a water rescue, [nominate](#) them for a Lifesaving Award.