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NOMINATE NOW

Inspiring Stories by Region

A Story of Courage in the **Massachusetts Region**

On a fateful July day at Cochituate Lake in Massachusetts, a young woman was pulled lifeless from the water. Alarm spread among beachgoers, and they raced to the park's boathouse in search of assistance. Maddie Olstein and Cole Murphy, who worked at the boathouse.



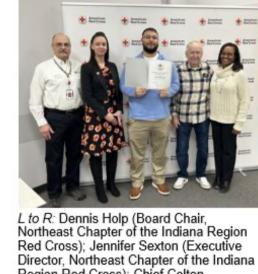
Certificate of Merit ceremony.

rushed to the scene. Upon arrival, they found bystanders already attempting CPR. Following his training in Red Cross Adult and Pediatric First Aid/CPR/AED, Cole immediately assessed the situation and provided guidance on performing more effective CPR. While he helped with CPR, Maddie, trained in Red Cross Lifeguarding with CPR/AED for the Professional Rescuer with First Aid and Waterfront Skills, worked to maintain the woman's airway. The efforts proved successful: the woman soon began to cough up water. Maddie and Cole stayed on the scene, continuing to provide care, until professional responders arrived. Their heroic efforts didn't go unnoticed: the Red Cross of Massachusetts honored them with the Certificate of Merit. Read the remarkable story here to learn how quick, decisive action helped save a life.

to a Bleeding Emergency in the **Indiana Region** Last October, Chief Colten Edgington of

Police Chief's Quick Response

the Jonesboro Police Department swiftly responded to an emergency call about a severe arm injury. Upon arrival, he discovered a man with a significant arterial laceration on his upper forearm. Acting without delay, Chief Edgington expertly applied a tourniquet, successfully



Region Red Cross); Chief Colten Edgington (award recipient); the person whose life Chief Edgington saved; Terry Stigdon (CEO, Indiana Region Red Cross)

halting the bleeding. Upon the man's arrival at the hospital, the staff commended Chief Edgington for his lifesaving actions. Medical experts confirmed that without Chief Edgington's timely response, the man likely would not have survived. The region's Facebook page details this important save and has pictures from the Certificate of Extraordinary Personal Action ceremony.

Drowning Child in the Southeastern Pennsylvania Region Seventeen-year-old lifeguard Neil Johnson had been on the job for just over

Teen's Pool Rescue Saves

a month when his Red Cross training (Lifeguarding with CPR/AED for Professional Rescuers and First Aid)



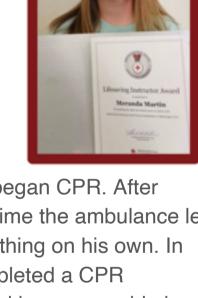
was put to the test. A 12-year-old boy slipped underwater in the deep end of a pool at an apartment complex in Philadelphia. Neil, still wearing his glasses and Crocs, jumped in, safely removed the boy from the water and performed CPR. The boy soon coughed up water and began to breathe. EMS transported him to the hospital, where he recovered. Neil's quick heroics earned him the Lifesaving Award for Professional Responders. Read more about this impressive rescue here and on the region's Facebook page.

Meranda Martin Each month we highlight an Instructor whose

Instructor Spotlight

student(s) have used their lifesaving training to save or sustain a life. This month we recognize

Meranda Martin, whose students, Caprie McNeill and Brailee Eyre, helped save the life of a friend's father. After finding the father unresponsive, Caprie and Brailee, both trained in Red Cross Lifeguarding with CPR/AED for Professional Rescuers and First Aid, immediately began CPR. After about 7 minutes, the first EMT arrived, and by the time the ambulance left for the hospital, the man had a pulse and was breathing on his own. In fact, just a week prior, Caprie and Brailee had completed a CPR



refresher course with Meranda, who later expressed immense pride in their lifesaving actions. We extend our thanks to Meranda for providing the quality training that allowed her students to save a life. In addition to the region's <u>Facebook page</u>, the local TV news aired a powerful story that you can watch here. Lifesaving Awards Vault

MD), May 22, 1940 We go far back in the vault to 1918, when Sergeant Joseph Hodges of the Baltimore Police Department saved a small child and her aunt from being burned to death by stripping off his raincoat and smothering the

Award.

From the vault of the

Baltimore Sun (Baltimore,

flames. For his brave actions, Sergeant Hodges received the Lifesaving

Former Police Sergeant Who Kept

Two From Burning Retired

Three Years Ago

Saving Lives Starts Here

If you or someone you know has used skills and knowledge learned in a Red Cross Training Services course to help save or sustain the life of

another individual, visit <u>LifesavingAwards.org</u> to nominate them.



Want to know if you have a local hero

in your area? Take a look at our map.

Get Inspired!

 A recent study conducted by the Red Cross concluded that 43% of U.S. adults are interested in taking or have recently completed a first aid, CPR, or AED course as a personal choice, equating to

During National Heart Month this February, the American Red Cross is

urging everyone to learn CPR and how to use an AED.

roughly 100 million adults. Of those interested, 73% identified their primary motivation to be a desire to be prepared and keep their families safe, with 46% identifying a desire to ensure community safety as motivation.

It is vital for individuals to undergo lifesaving training to be ready for emergencies, so we encourage everyone to sign up for one of our online or in-person classes to meet your training needs.